

KK JUNIORS CLUB REGISTRATION FORM

I am applying to be:

- Ordinary Member** @ \$15 per year
Complimentary membership for the first year.
- Associate Member** @ \$20 per year
- Corporate Member** @ \$12 per year
- KKH Staff**
- Renewal @ 10% off** (Amount: _____)

Parent's Particulars

Name (Mr/ Ms): _____

NRIC No. (Pink/ Blue): _____ DOB: _____

Address: _____
_____ (S) _____

Contact No.: (H) _____ (Mobile) _____

Name to appear on the membership card

Was any of your child delivered in KKH: Yes/ No*

Children's Particulars

Name of 1st Child (Male/Female): _____

DOB: _____ BC No.: _____ Age: _____

Name of 2nd Child (Male/Female): _____

DOB: _____ BC No.: _____ Age: _____

Name of 3rd Child (Male/Female): _____

DOB: _____ BC No.: _____ Age: _____

Name of 4th Child (Male/Female): _____

DOB: _____ BC No.: _____ Age: _____

Name of 5th Child (Male/Female): _____

DOB: _____ BC No.: _____ Age: _____

Mode of Payment

- Cash/ Nets** at Patient Education Centre at KKH, level 1
- Cheque No.:** _____ (crossed and made payable to KK Women's and Children's Hospital)
- Visa/ Mastercard/ Amex***

Credit Card No.: _____

Signature: _____

Expiry Date: _____

* circle where appropriate

Receive a special gift* when you sign up for these on-going workshops

*Collection at Patient Education Centre

Baby Massage Workshop

You will be taught how to handle fretful child and how to ease your child's colic discomfort. You will learn the various techniques in baby massage and experience the joy of bonding with your child through touch of love. This one-hour massage workshop is conducted by our physiotherapists. This programme is tailored for babies between one to 12 months old.

Nurturing Your Child Talk

1) Bonding with your child

This talk is designed to provide couples with practical parenting tips. It is not only informative and enriching, fathers will gain greater awareness of their roles in influencing their children.

2) The ABCs of Vaccinations

With the arrival of a newborn, vaccination will be the top of most parents' minds. In this session, parents will find out more about vaccination.

Aquafitness in Pregnancy

This is an exercise programme for expectant mothers. Our physiotherapist will take you through an exercise programme consisting of warm-ups, flexibility and strength training, cardiovascular workout and cool downs. You will also learn to monitor your optimum intensity of exercise to achieve a good workout.

Pre/ Postnatal Fit Ball Class

This programme is designed for expectant women and new mothers. The class incorporate the use of fit ball, which is a safe and effective tool to firm up your abdominal muscles around your hip. It gives you a good workout and speeds up your recovery after the birth of your baby.

Visit www.kkh.com.sg for more information.

Join

KK JUNIORS Club

and be part of the
KKH Parenting Club!



About KK Juniors Club

Join KK Juniors Club today and let us be your partner in this amazing journey. The club offers specially designed programmes and activities that will equip you with the knowledge on child development and parenting. Our activities also encourage bonding with your child. As a member, you will have access to our resource library and a host of other privileges.

Attractive welcome gift bag

Get lots of goodies the moment you sign up as our members or renew your membership.



KK Juniors Club newsletter

Receive a quarterly KKJC newsletter chockfull of informative articles contributed by our healthcare professionals and partners to help you through your parenthood journey. You will also find updates on activities and workshops specially catered for our KKJC members.

Membership renewal at 10% off

Receive a 10% discount every time you renew your membership with us.

Be a member & enjoy lots of privileges!

YOU ARE INVITED!

The club is open to parents-to-be/ parents with newborns and kids up to 12 years old.

Free loan of books and VCDs

Equip yourself with useful knowledge on pregnancy and parenting by reading up on books available in our library. There is also a collection of children books for your little ones. If you prefer to sit back and relax, there is also a selection of VCDs for loan.

Enjoy discounts at participating outlets

The participating outlets range from children's apparels, toys, enrichment classes to wellness services.

Enjoy special rates when you attend KKJC's events on babycare, child development and parenting

Benefit from the enriching seminars and talks, or simply indulge in a time of bonding with your family when participating in our events.

How to join?

To sign up for the KK Juniors Club, please complete the registration form in this brochure and mail/ fax/ email it to us, together with a copy of your child's birth certificate.

Alternatively, you may also submit the form with the required document at :

Patient Education Centre
KK Women's and Children's Hospital
100 Bukit Timah Road
Singapore 299899
Tel: 6394 1268
Fax: 6394 1267
Email: kkjuniorsclub@kkh.com.sg

Membership categories

Ordinary Member (\$15 a year)

For babies delivered in KK Women's and Children's Hospital.*

Associate Member (\$20 a year)

For babies not delivered in KK Women's and Children's Hospital.

Corporate Member (\$12 a year)

If your company is a corporate member with KKJC. Please check with your HR department.

*Complimentary membership for the first year.

How do you know about KK Juniors Club?

- Newsletter
- Friends
- Public Forum
- Patient Education Centre
- Antenatal Programme
- Advertisement
- Others _____