

Engage and Relax Through Games, Stories, Music and more...!

Engaging in different activities is a great way to help you cope with your hospital stay! Scan the QR codes below to access activities such as games, stories and music. Enjoy!



15 games to play with
paper and pen



Podcast for kids



Amazon Audio Book



Relaxing Music –
by Mindful kids



Short stories for
kids



Relaxation stories
for kids



Virtual tours of zoos –
by Brisbane Kids



Virtual zoo – by
San Diego Zoo



Google arts and
culture



Educational
resources for
parents – by
Oxford Owl

Brought to you by:
Child Life, Art and Music Therapy Programme (CHAMPs)
KK Women's and Children's Hospital

