

Public Forum

Raising a Confident and Resilient Child

6 April 2019 (Saturday), 9.00am to 1.00pm

Registration

Applicant's particulars:

Full name _____ (Mr / Mrs / Ms)

Address _____

_____ (Postal code) _____

Telephone (H) _____ (O) _____ (HP) _____

Email _____

Please tick if you would like to receive information on future symposiums / events organised by KKH.

Payment

I would like to pay by:

eNETS

Cheque no. _____
(Crossed & made payable to "KK Women's and Children's Hospital Pte Ltd")

VISA MasterCard AMEX Credit card no. _____

Expiry date _____ (Month / Year) Signature _____

Amount paid \$ _____ No. of participants _____ Receipt no. _____
(For official use only)

Please fax or mail the completed form to us and send the cheque to:

Patient Education Centre

KK Women's and Children's Hospital, 100 Bukit Timah Road, Singapore 229899.

For credit card payment, please fax the completed registration form to **6394-1267**.
Alternatively, please email a scanned copy or photo image copy of the completed registration form to PEC@kkh.com.sg.

Registration closes on **4 April 2019 (Thursday)**. Pre-registration is required. Seats are confirmed upon full payment on a first-come, first-served basis. Registration fee is non-refundable.

We value and uphold the confidentiality of your personal data. In compliance with the Personal Data Protection Act ("PDPA"), we will limit access and disclosure of your personal data only to purposes related to this event. You may refer to the SingHealth Data Protection Policy available at www.kkh.com.sg to find out more.



Public Forum

Raising a Confident and Resilient Child

Date : 6 April 2019 (Saturday)

Time : 9.00am to 1.00pm

Fee : \$12 per participant
(inclusive of light tea refreshments)

Venue : Stephen Riady Auditorium @ NTUC
(1 Marina Boulevard, #07-01, Singapore 018989)

Organised by



Supported by



Programme

Time	Topics
8.30am	Registration
9.00am	Welcome address
9.05am	Raising a confident and resilient child Prof Benjamin E. Saunders
9.35am	Opening the door to a child's inner world Dr Esther Deblinger
10.05am	Beyond academic excellence Dr Dennis Kom
10.35am	Tea break
11.05am	Be attuned: What to do when a child shares about stress, bullying and negative experiences Dr Monica Fitzgerald Be creative and fun: Teaching relaxation and coping strategies to our kids Assoc Prof Lucy Berliner
11.45am	Something terrible has happened to my child; what caregivers can do, and where to get help Ms Jemi Chen
12.15pm	Positive parenting to raise positive children Dr Cheryl Seah
12.45pm	Panel discussion - Questions and answers



Speakers



Prof Benjamin E. Saunders

Professor, Department of Psychiatry and Behavioral Sciences; Associate Director, National Crime Victims Research and Treatment Center and, National Mass Violence Victimization Resource Center Medical University of South Carolina, USA



Dr Esther Deblinger

Co-Director
Child Abuse Research Education Service (CARES) Institute, USA



Dr Dennis Kom

Assistant Director (Student Support) and Lead Specialist
Guidance Branch
Ministry of Education, Singapore



Dr Monica Fitzgerald

Clinical Psychologist and Senior Research Associate
Institute of Behavioral Science
University of Colorado Boulder, USA



Assoc Prof Lucy Berliner

Director, Harborview Center for Sexual Assault and Traumatic Stress;
Clinical Associate Professor, School of Social Work and Department of Psychiatry and Behavioral Sciences
University of Washington, USA



Ms Jemi Chen

Senior Psychologist
Psychosocial Trauma Support Service
KK Women's and Children's Hospital, Singapore



Dr Cheryl Seah

Senior Advisor
Center of Evidence and Implementation, Singapore