

# Cystic Fibrosis

## Recent Advances

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Respiratory Paediatrician  
Great Ormond Street Hospital  
London

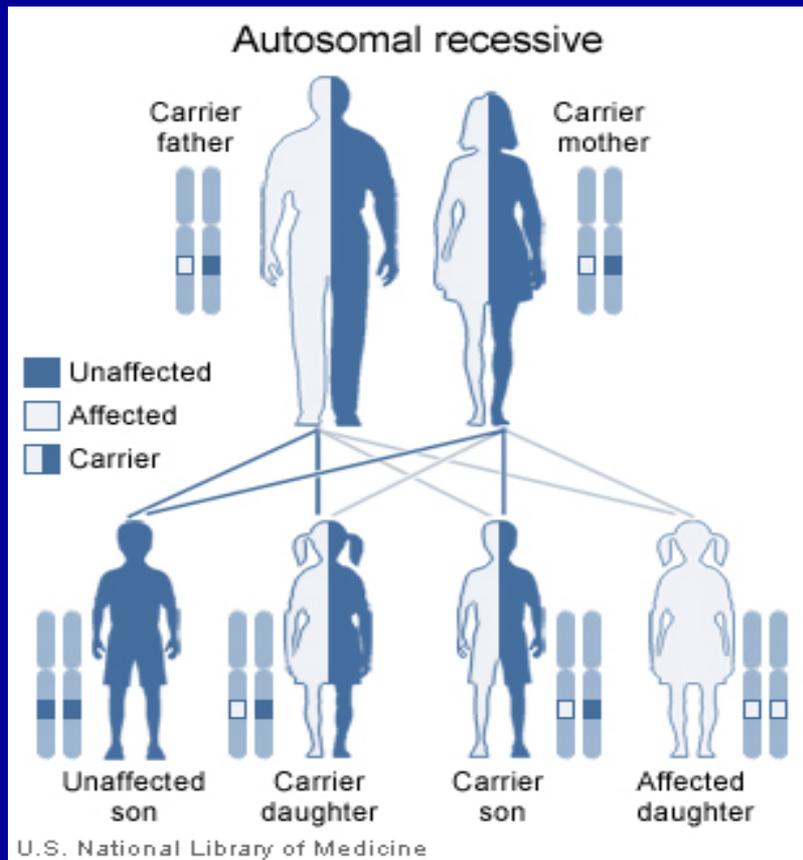
*Licking the forehead crossways:*

*If one perceives a salty taste  
the child is called bewitched and is feared  
soon to die*

**Ancient infant cleansing ceremonies**  
*in: The treatment of uncanny effects*

# How do we get CF?

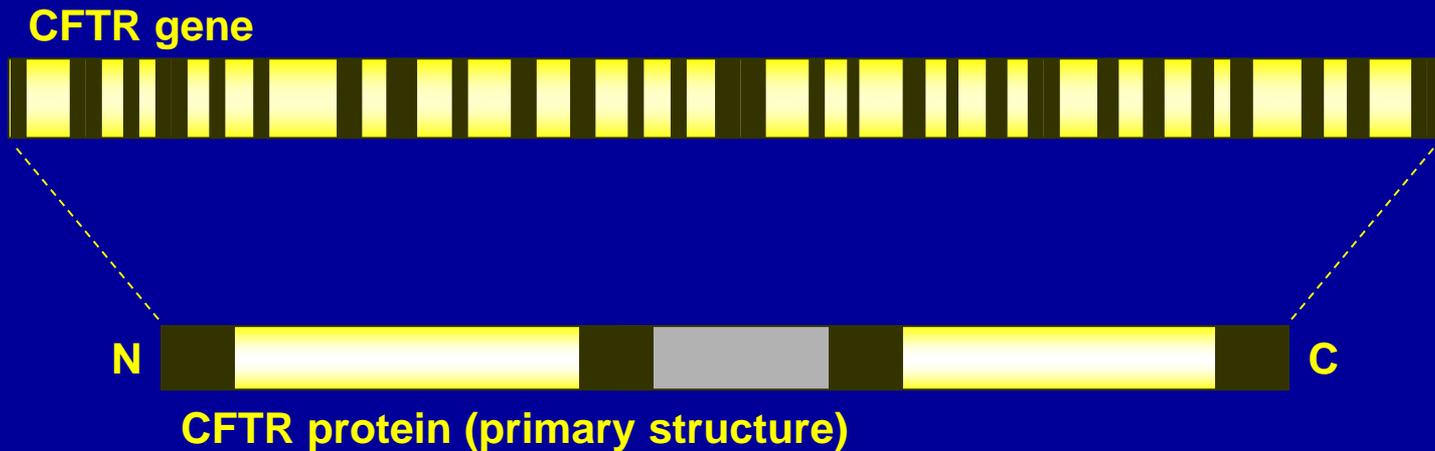
- Genetic disorder passed on through both parents.



- Parents are carriers but no symptoms.
- Often no family history of CF.
- In the UK 1:23 people are carriers and 1:4 chance of each baby being affected.
- Over 2000 different genotypes discovered.

# Cystic Fibrosis Transmembrane Conductance Regulator Protein: CFTR

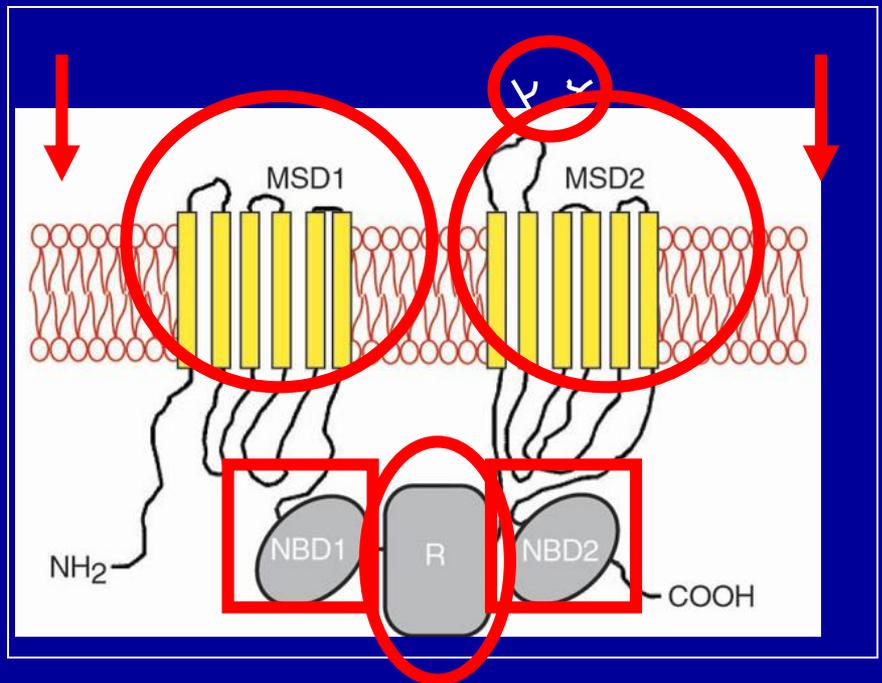
Chromosome 7



Riordan JR, et al. *Science*. 1989.  
Rommens JM, et al. *Science*. 1989.  
Kerem B, et al. *Science*. 1989.

# CFTR Protein

- 1480 amino acids
- MW ~170 kD
- Member of ATP-binding cassette (ABC) superfamily
- 2 six-span membrane-spanning domains (MSD)
- 2 nucleotide-binding domains (NBD)
- Unique, highly charged regulatory (R) domain
- Posttranslational modifications
- Localizes to the apical cell membrane



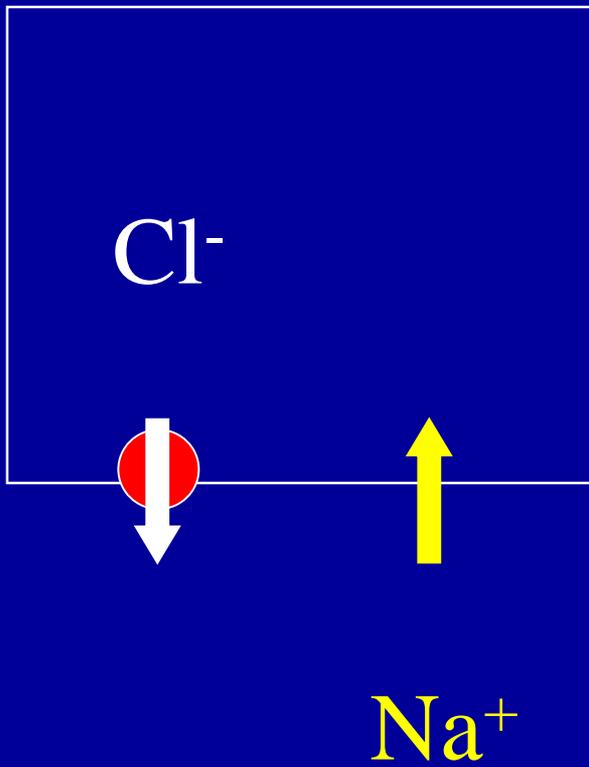
Riordan JR, et al. *Science*. 1989.

Ratjen F, et al. *Lancet*. 2003.

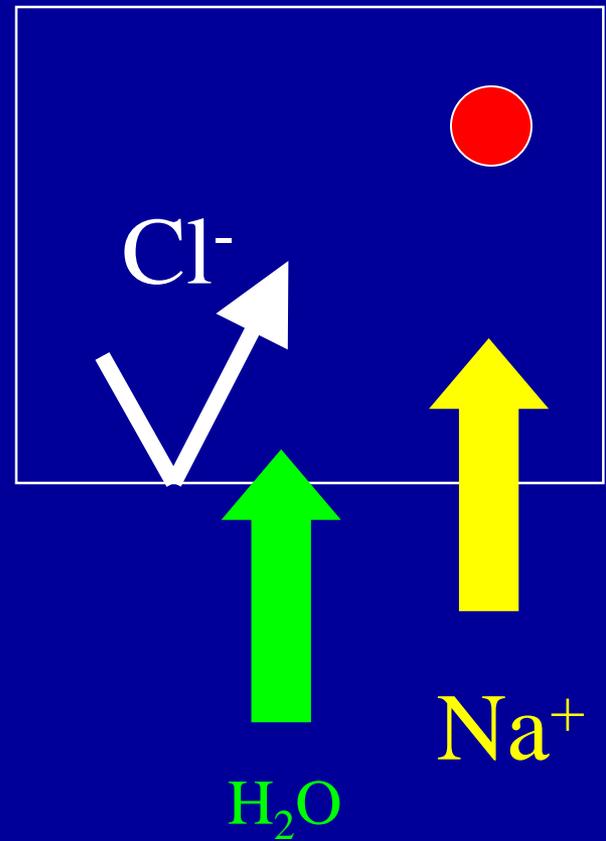
Collins FS. *Science*. 1992.

Vankeerberghen A, et al. *J Cyst Fibros*. 2002.

Normal



CF



# Cystic fibrosis is a disease that:

- Arises from two disease-forming mutations in the gene for CFTR on chromosome 7
- that results in changes to the fluid and electrolytes on cell surfaces
- that leads to abnormal mucus and inflammatory response
- that predisposes to obstruction and infection
- that produces end organ disease to tubular structures - *upper and lower airways, vas deferens, gut, liver, pancreas, sweat glands*
- Progressive disease which is life limiting: mean survival into adult years.

# What organs are affected by CF

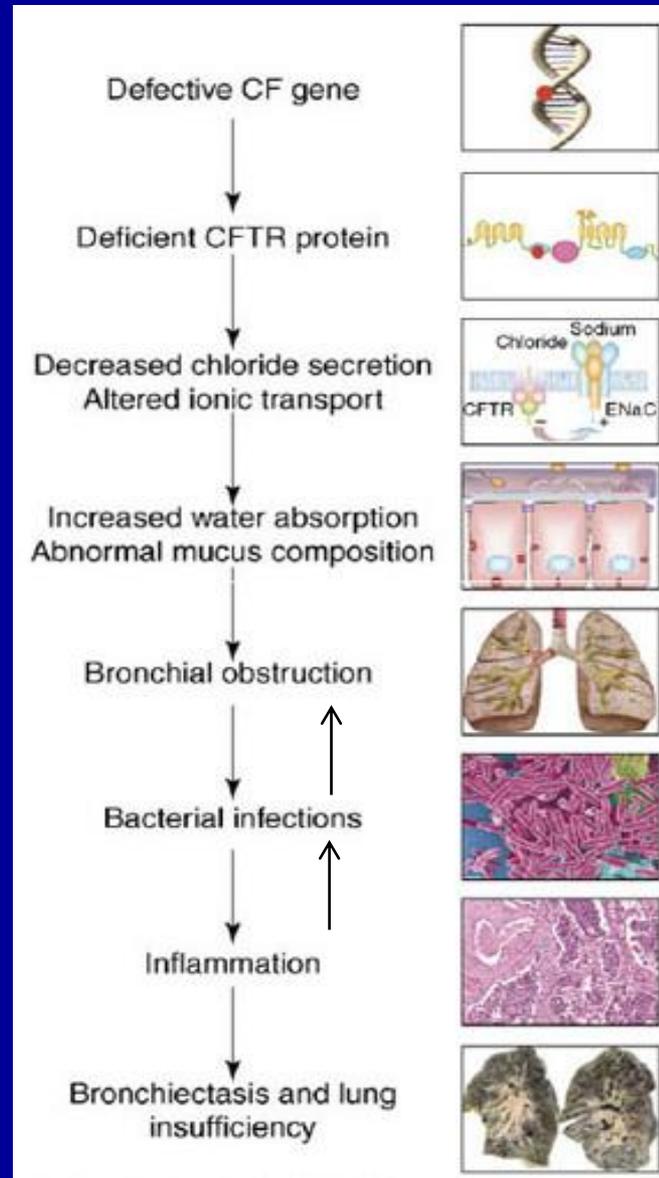
- Lungs
- Sinuses
- Pancreas
- Pancreatitis
- Arthropathy
- Vas deferens
- Liver disease
- Nasal polyps
- Rectal prolapse
- CF related diabetes
- Salt losing syndrome
- Inflammatory conditions of the gastro intestinal tract

# Cystic Fibrosis

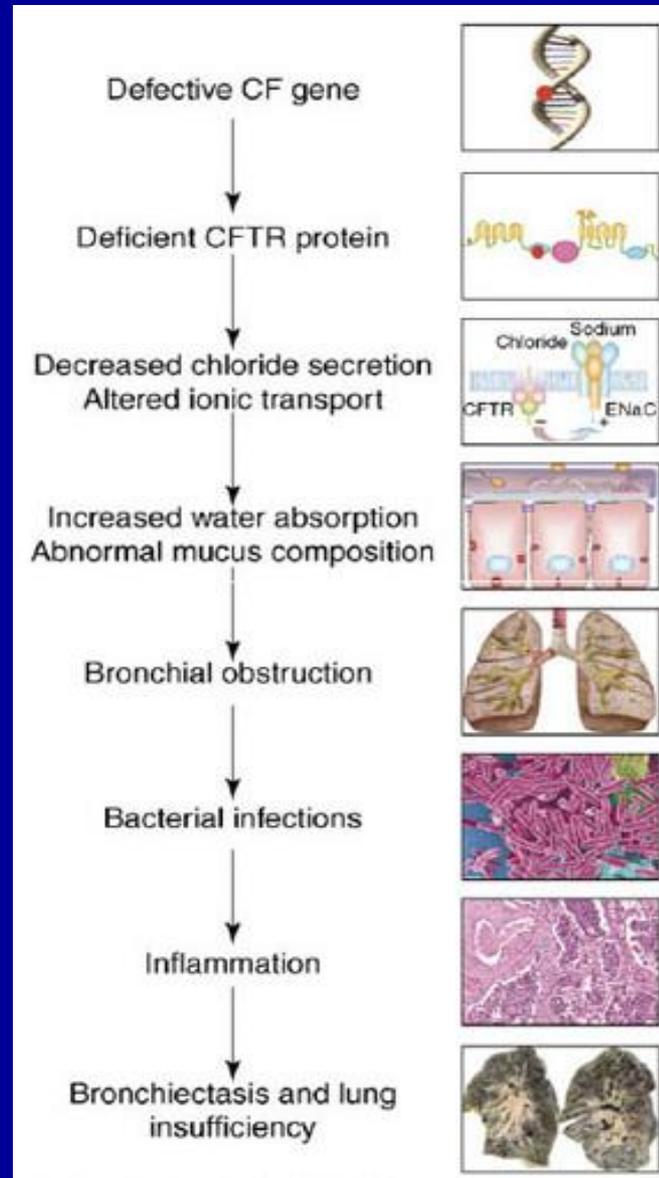
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## lung disease:

Disease Timeline



# Cystic Fibrosis - lung disease: Disease Timeline



Mucolytics

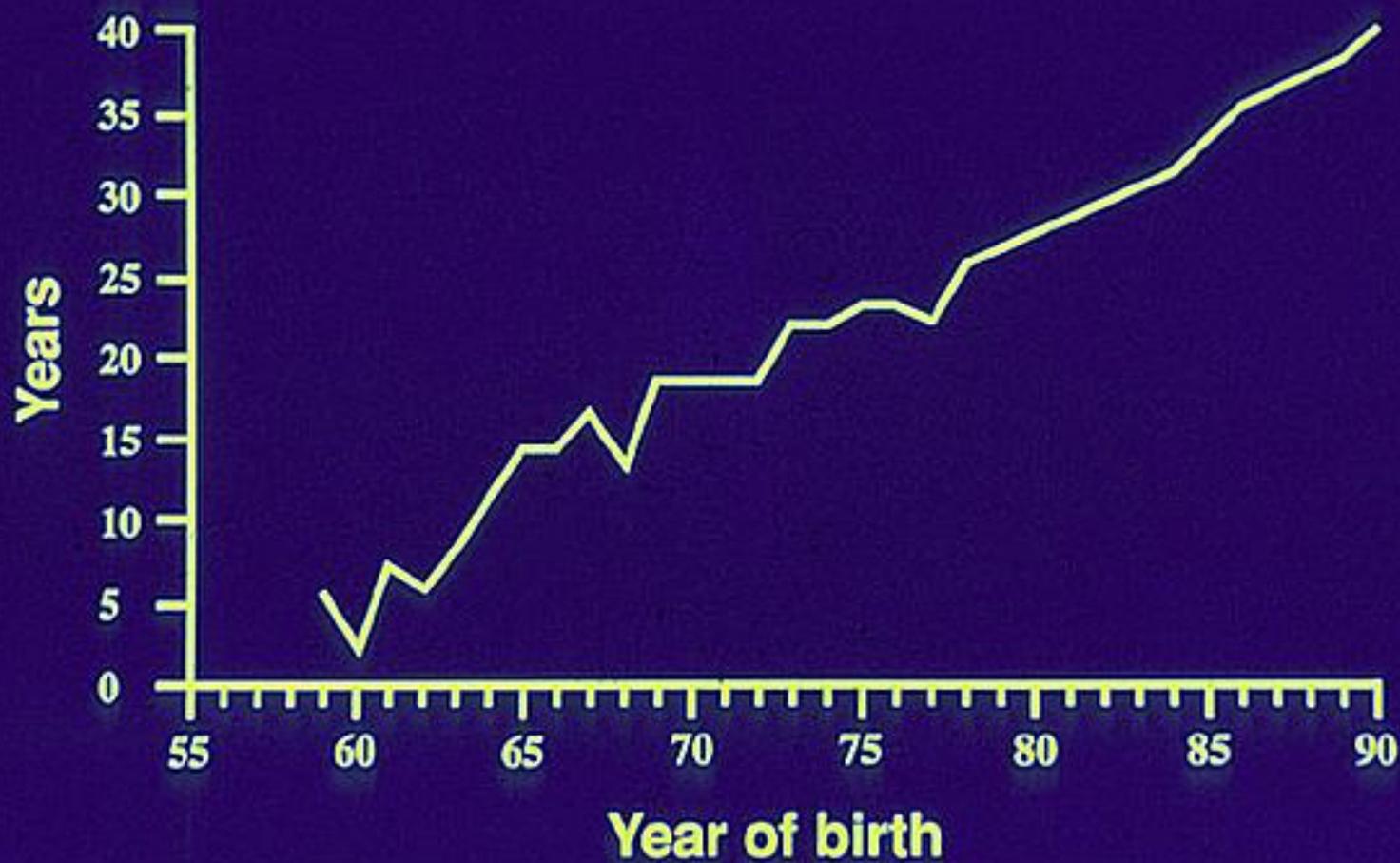
Airway Clearance

Antimicrobials

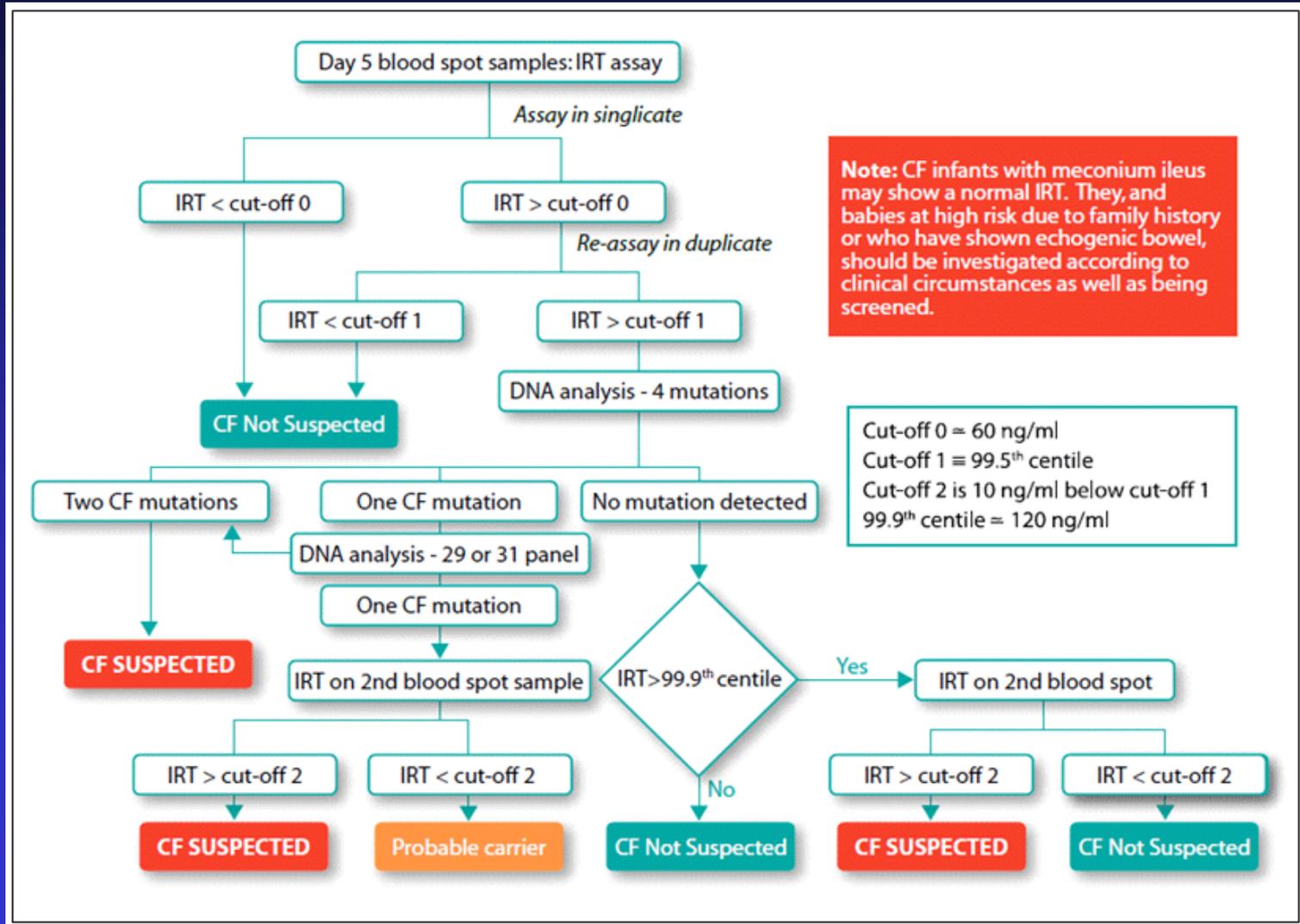
Anti-inflammatory

Lung Transplantation

## Median survival by year of birth from 1959 to 1990



# NEWBORN SCREENING FOR CF

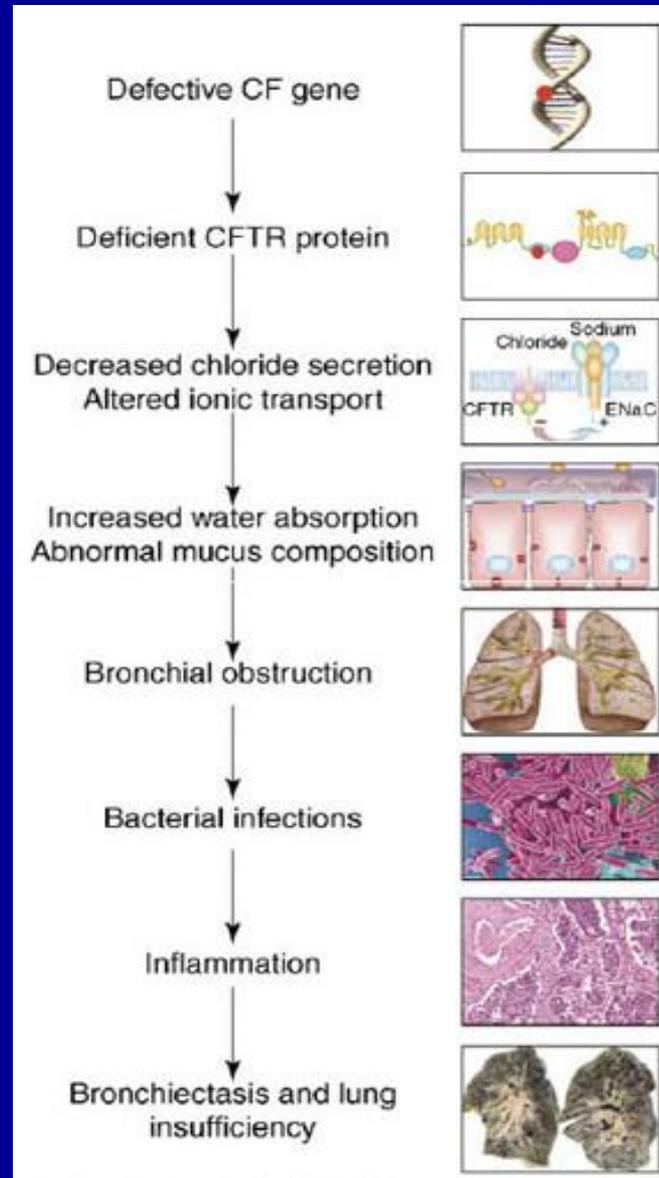


# Cystic Fibrosis

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## lung disease:

Disease Timeline



Correction of Electrolytes

Mucolytics

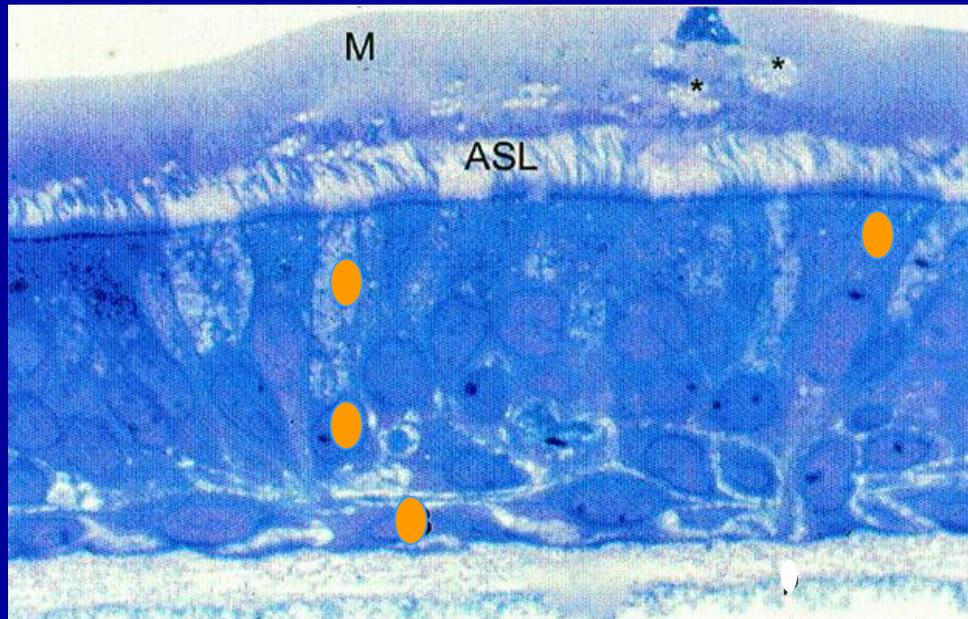
Airway Clearance

Antimicrobials

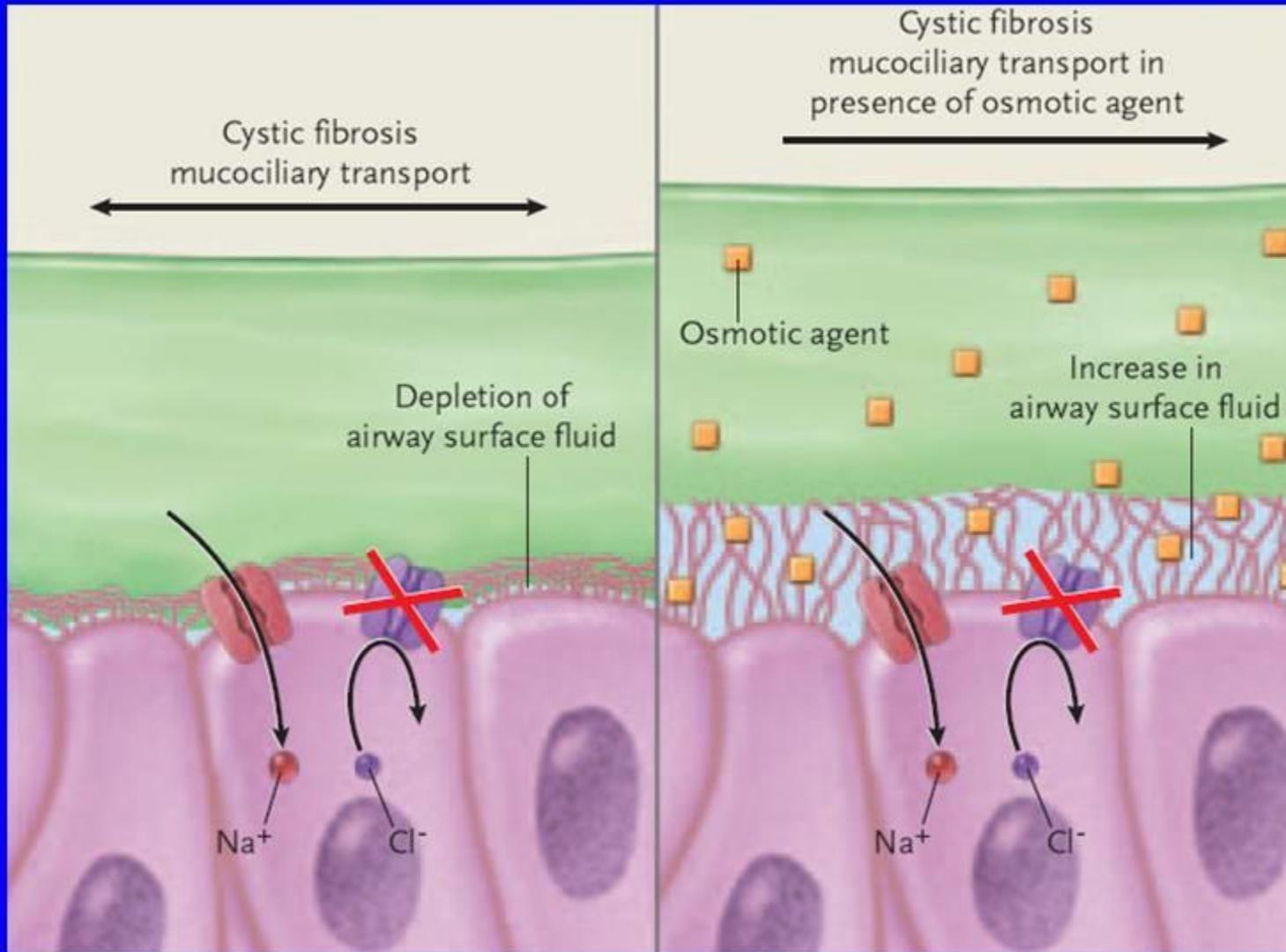
Anti-inflammatories

Lung Transplantation

# Airway Surface Liquid

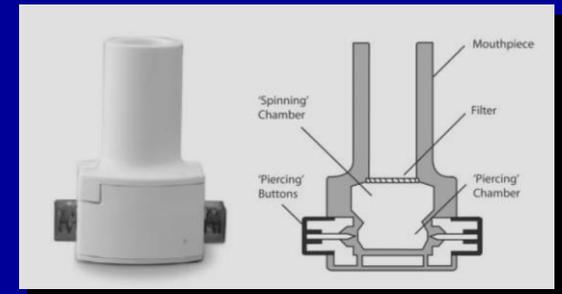
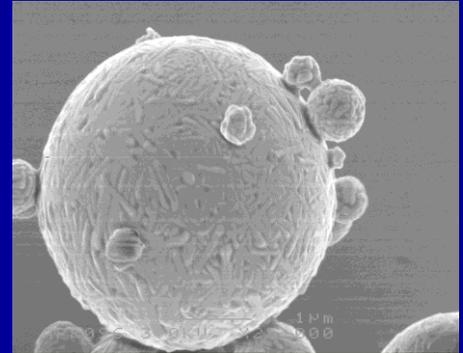


# Osmotic Treatment in CF



# Mannitol - A naturally occurring sugar alcohol.

- A potent osmotic agent
- Mannitol dry powder
  - 400mg = 10 x 40mg caps (bd)
  - 2 - 5 minutes dosing time
  - Respirable particles - 3 $\mu$ m
  - No carrier
  - Small portable inhaler
  - No cleaning or preparation time





EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

23 June 2011  
EMA/CHMP/474477/2011  
EMA/H/C/001252

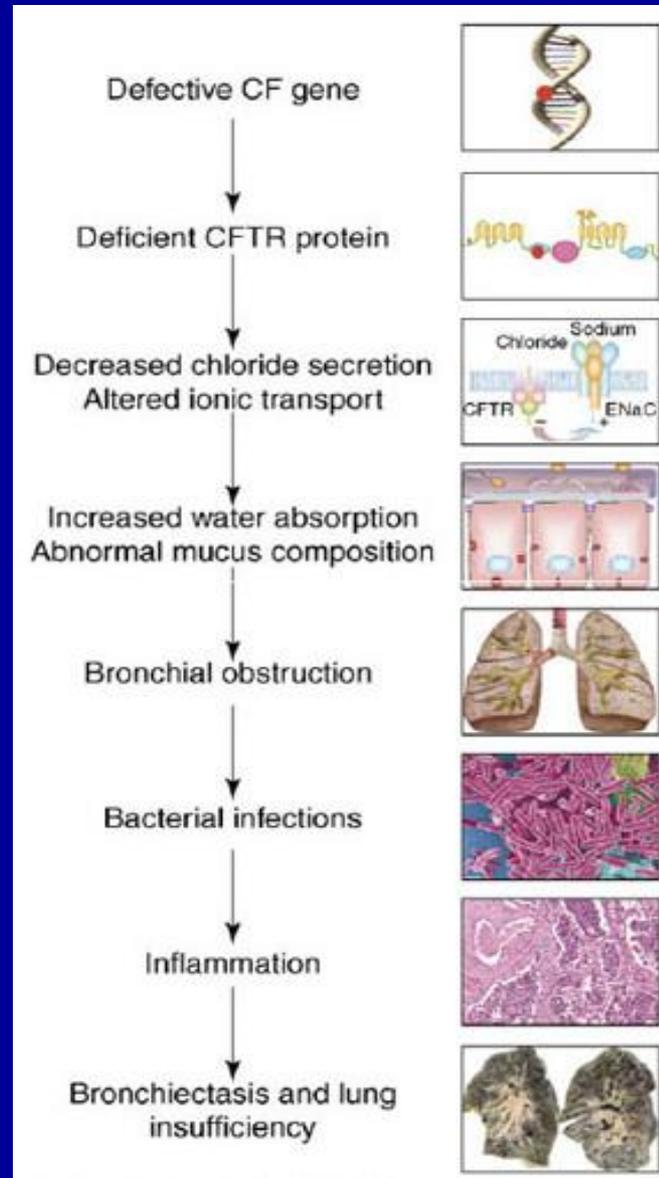
### Questions and answers

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## Refusal of the marketing authorisation for Bronchitol mannitol

On 23 June 2011 the Committee for Medicinal Products for Human Use (CHMP) adopted a negative opinion, recommending the refusal of the marketing authorisation for the medicinal product Bronchitol, intended for the treatment of cystic fibrosis.

# Cystic Fibrosis - lung disease: Disease Timeline



Replace Gene

Correction of Electrolytes

Mucolytics

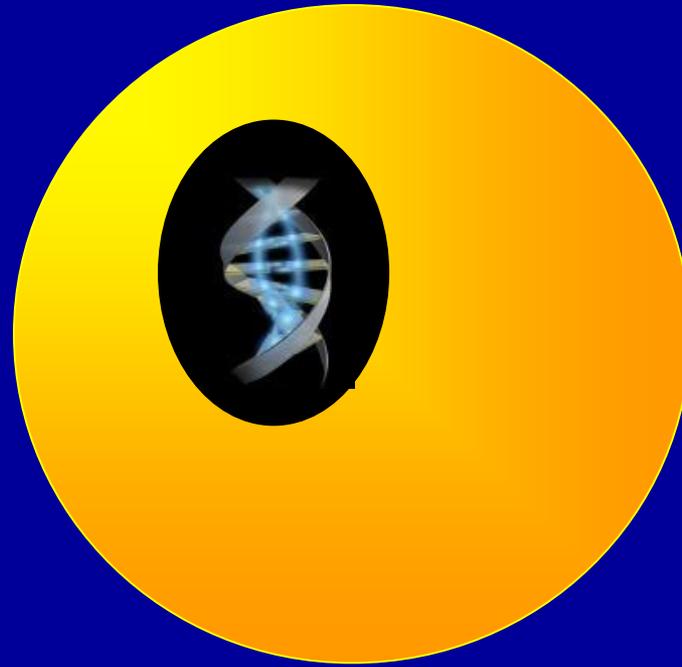
Airway Clearance

Antimicrobials

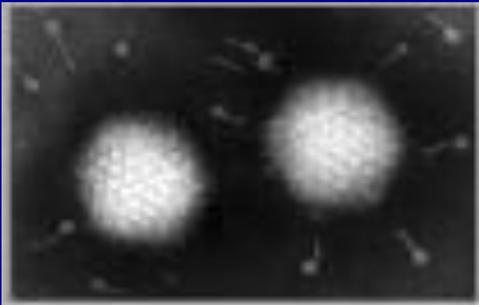
Anti-inflammatories

Lung Transplantation

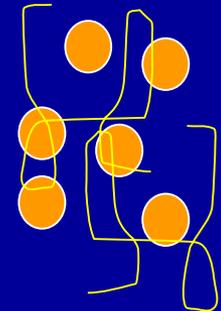
# Gene Therapy



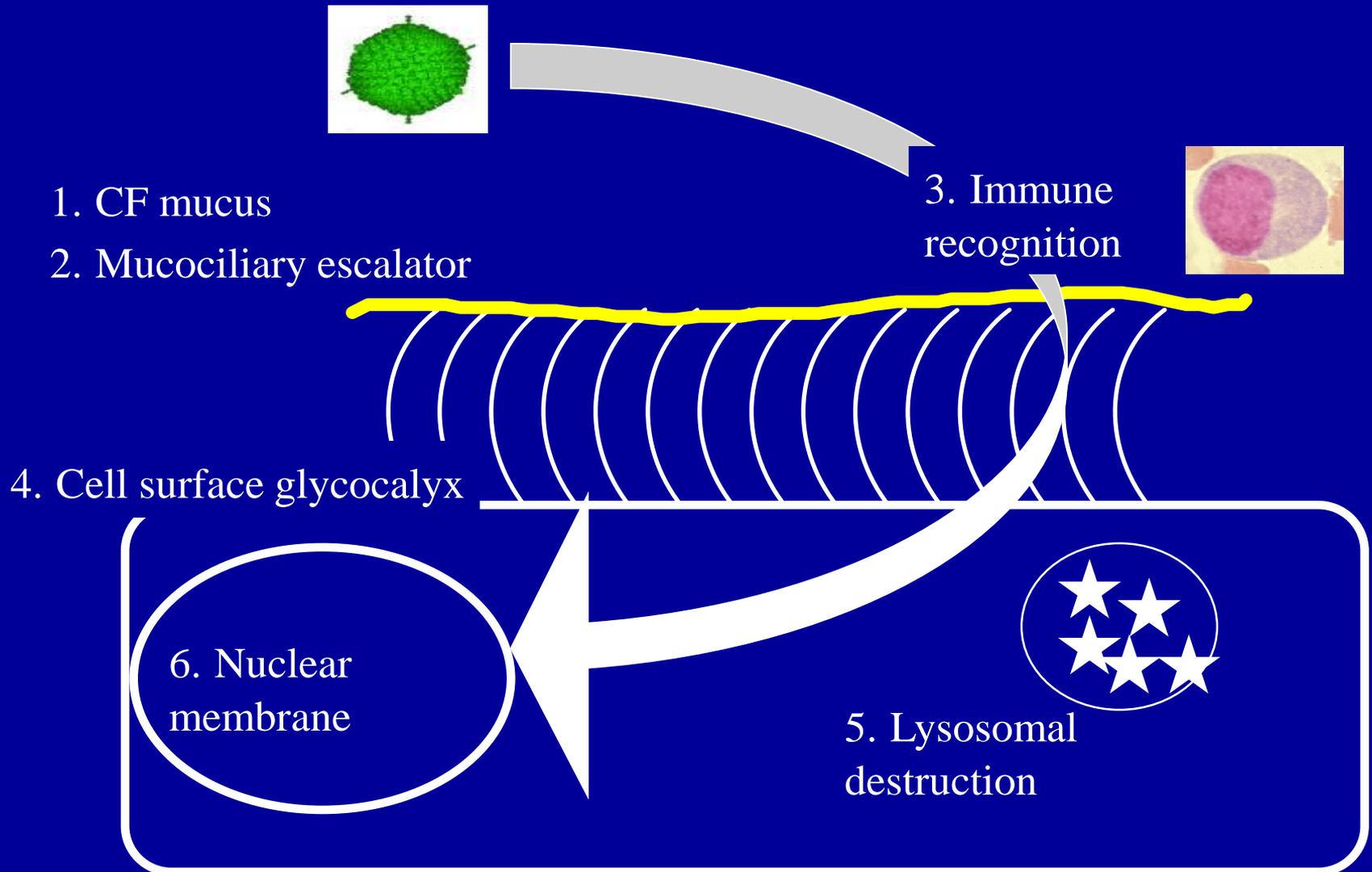
Viruses



Synthetic



# Barriers to airway gene therapy



# Vectors

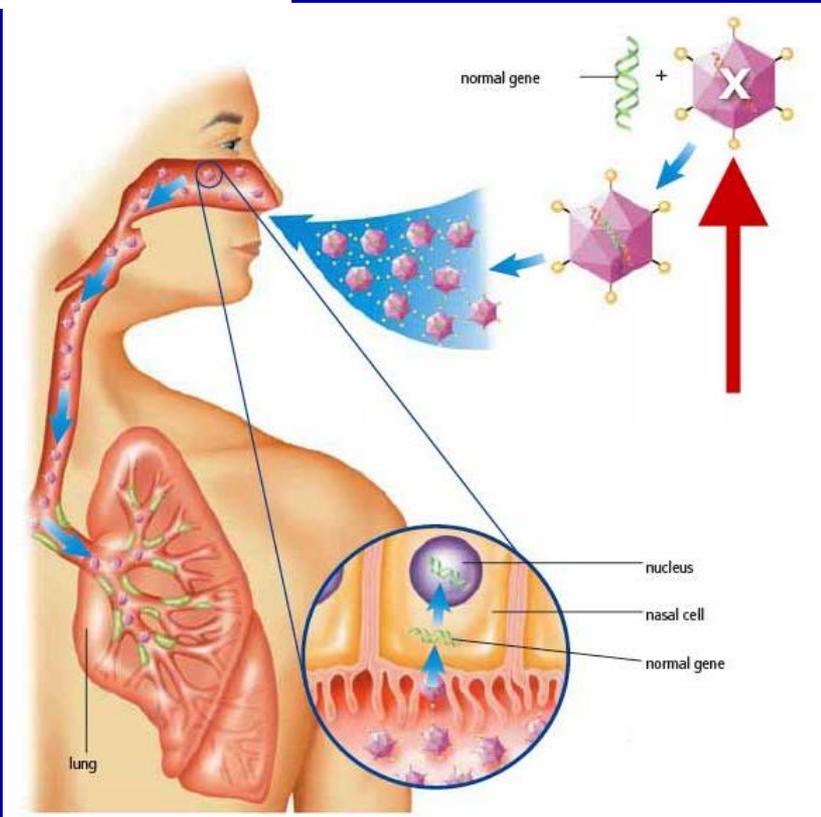
## Viral

- Ad, AAV
- Accessibility of receptors & pseudotyping
- Integration?
- Superficial epithelium:
  - Repeated application
- Progenitor cells
  - Potential long effect
- Inflammation
- Repeatability issues

## Non-viral

- Cationic liposomes, polymers, naked DNA
- ? efficiency
- Non-integrating
- Likely less inflammation (CPG)
- Repeatabile

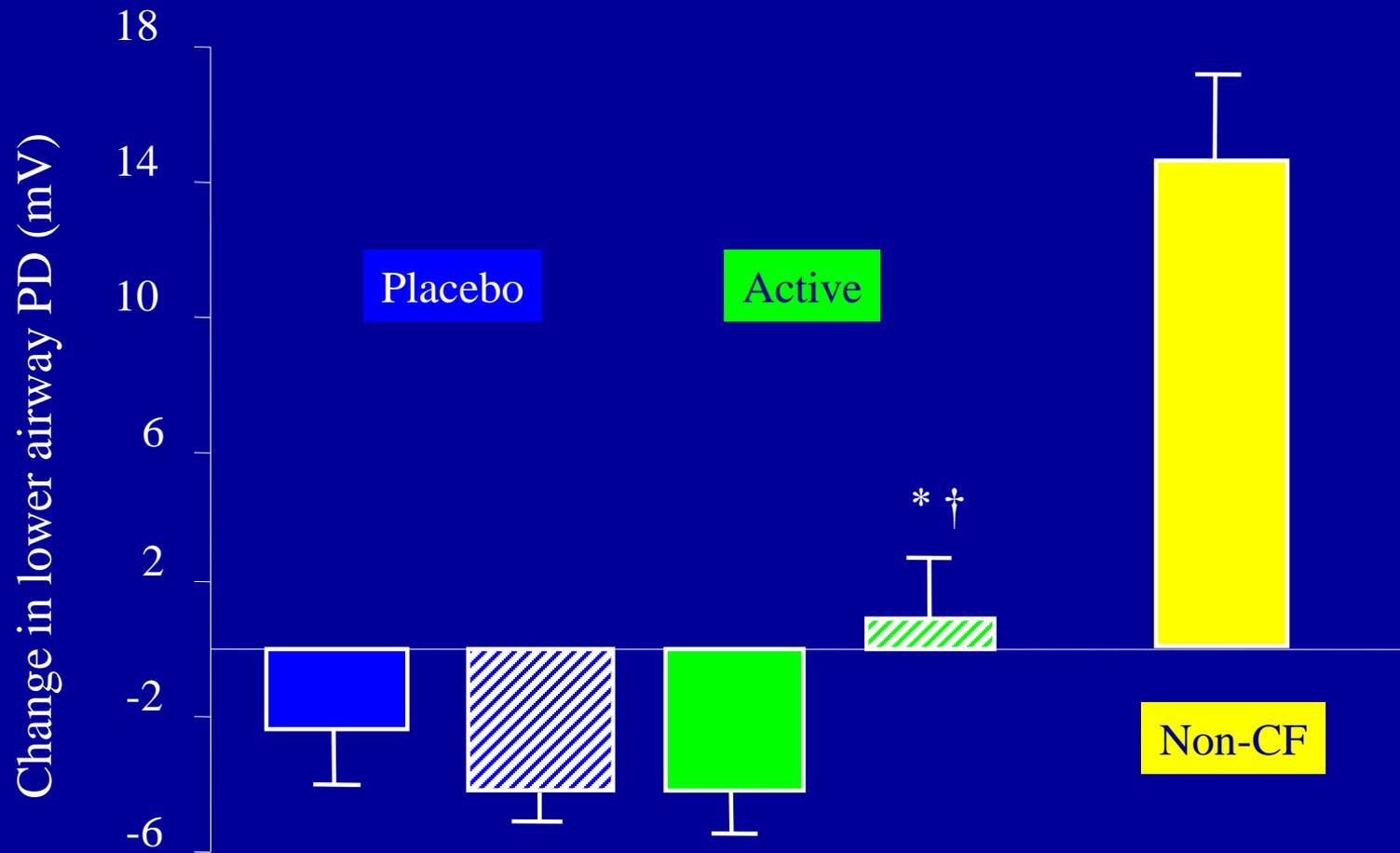
# CF gene therapy



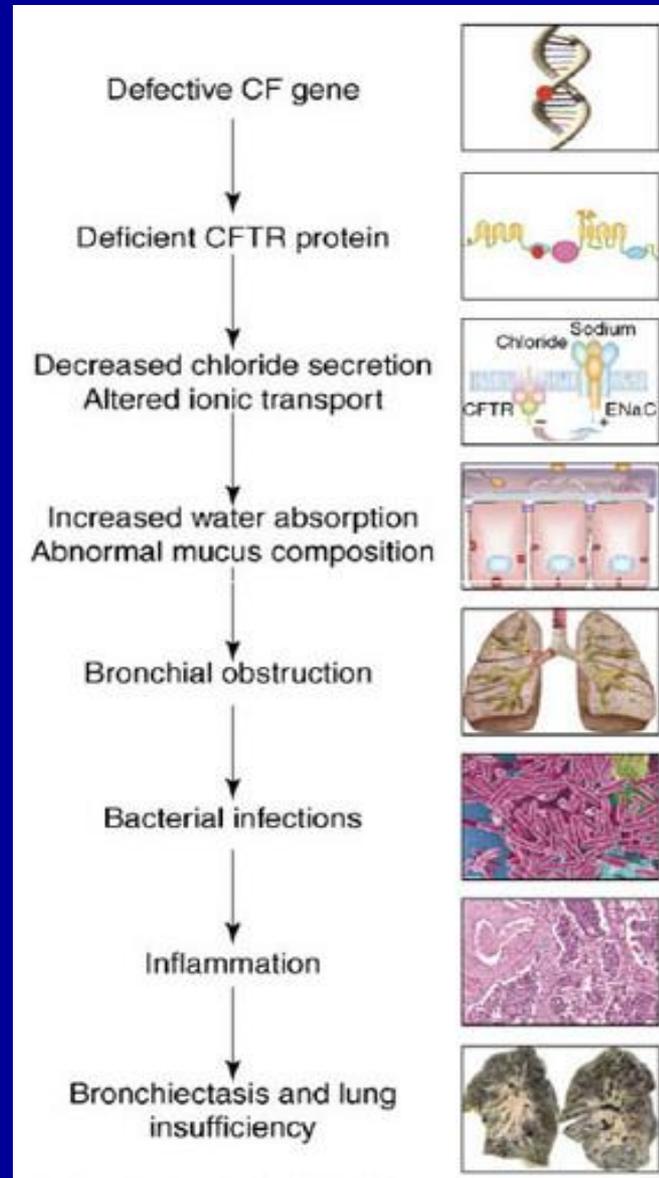
- Work for all genotypes
- Insertion correct gene into airway cells
- Fraught with problems
- Pilot (safety) study completed
- Phase 2 Multidose trial (monthly for one year)
- Recruited all 124 patients July 2013
- Results 2015

# RESULTS published 2015

- 62 received the placebo
- 78 received gene therapy
- At 12 months follow up the FEV1 improved in the treatment group by 3.7%
- Further improvements in efficacy and consistency of response are needed.



# Cystic Fibrosis - lung disease: Disease Timeline



Replace Gene

Improve CFTR efficiency

Correction of Electrolytes

Mucolytics

Airway Clearance

Antimicrobials

Anti-inflammatories

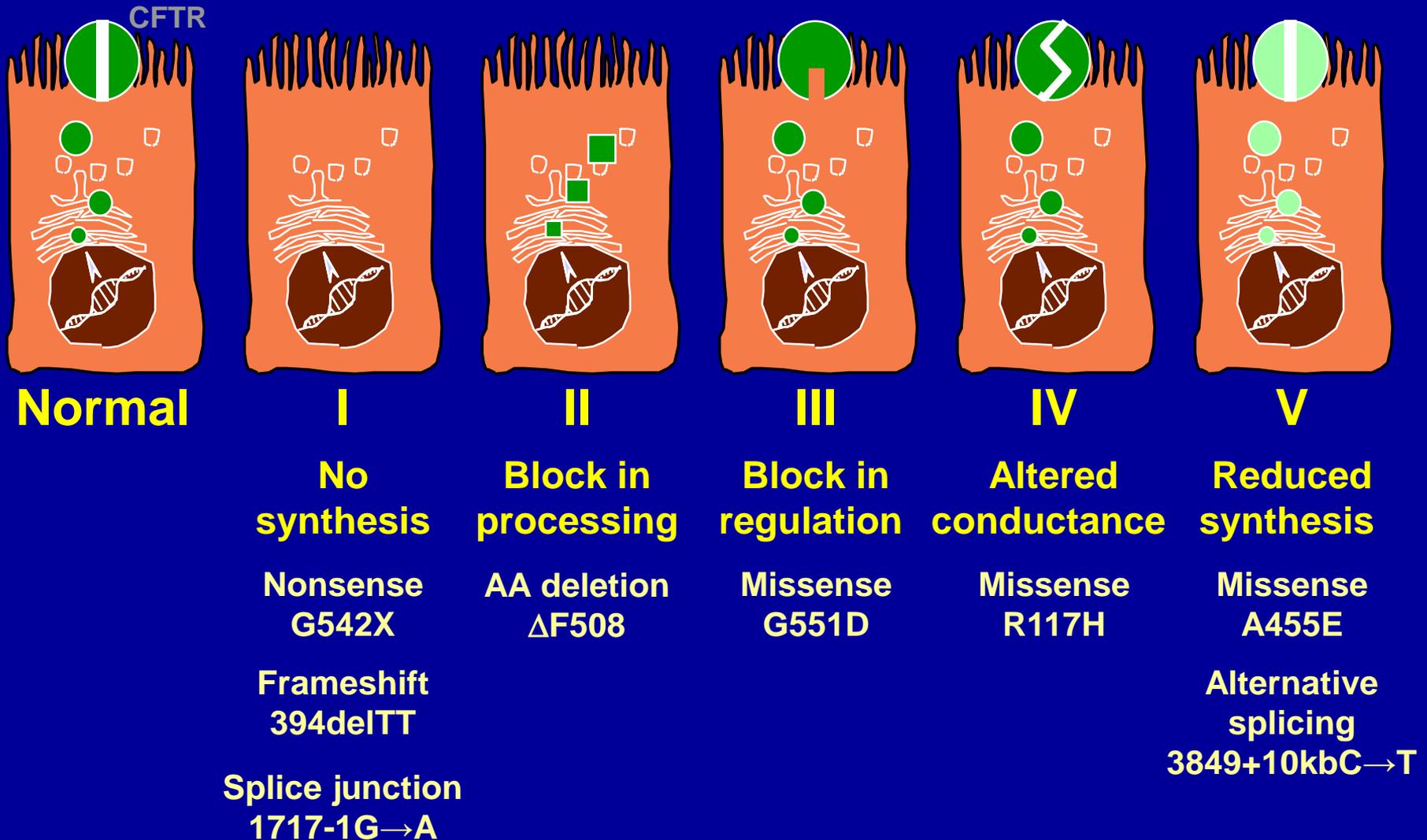
Lung Transplantation

# High throughput screening



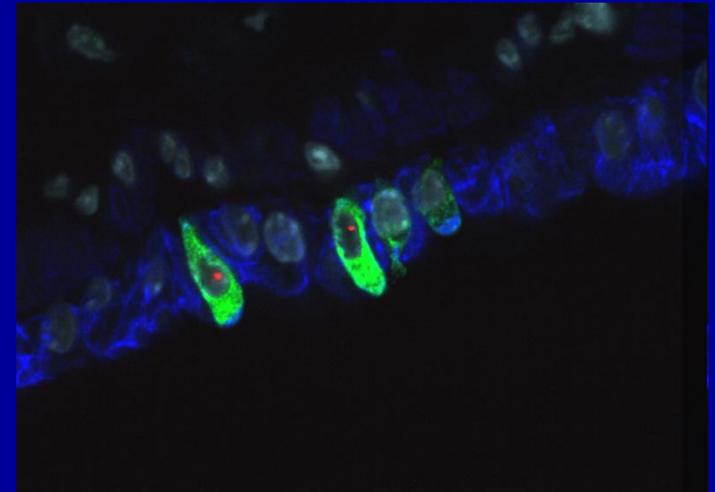
- Assay random/ selected chemicals
- Screen 5-10,000 daily
- Assays for limited function only
- Chemically modify each 'hit'
- Early hits being explored
  
- Promising approach

# Molecular Consequences of CFTR Mutations



# VX770

- Acts as gating potentiator (opens the faulty gene in the cell wall)
  - Class III mutations (G551D)
  - Phase II. 20 patients. VX770 150mg bd 14 days
- 
- **FEV<sub>1</sub> ↑ 10.1% (220ml)**
  - **Sweat Cl<sup>-</sup> ↓ 95.5 to 53.2 mmol/L**
  - **Nasal PD change - 5.4mV**





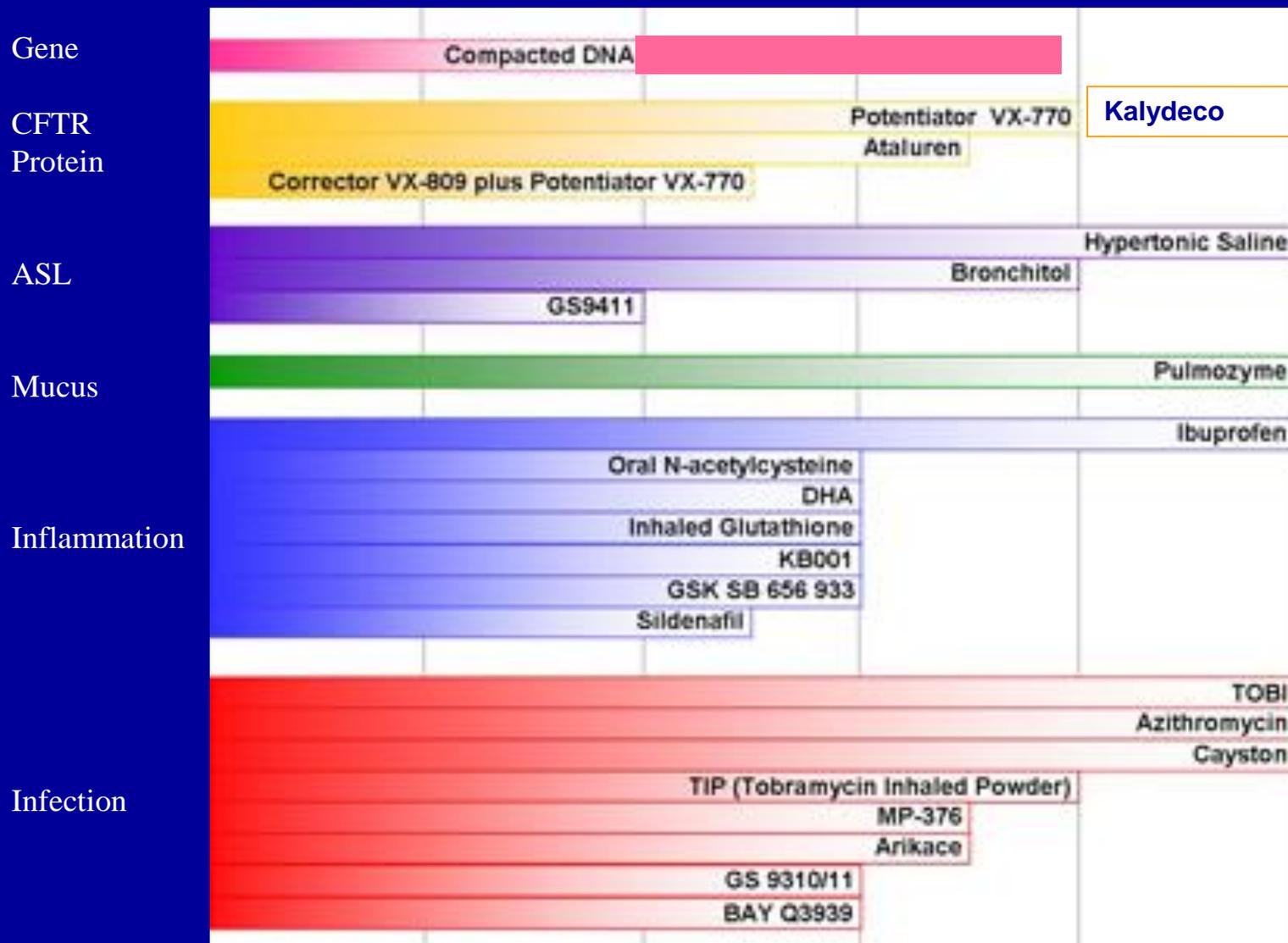
## Phase 3 Study of VX-770 Showed Profound and Sustained Improvements in Lung Function (FEV1) and Other Measures of Disease Among People With a Specific Type of Cystic Fibrosis

- *Relative mean improvement in lung function of approximately 17% from baseline compared to placebo achieved by people treated with VX-770; mean absolute improvement from baseline of approximately 10.5% compared to placebo; both measures through 24 and 48 weeks -*
- *Significant improvements in all key secondary endpoints for VX-770; patients were 55% less likely to experience a pulmonary exacerbation, had significant reductions in sweat chloride and, on average, gained nearly 7 pounds -*
- *Discontinuations due to adverse events were less frequent among people treated with VX-770 -*
- *Data support Vertex plan to submit U.S. and European regulatory applications for approval in the second half of 2011 -*

2012: US food and drug agency (FDA) approved the use of Kalydeco CF 6 years and older who had the gene mutation G551D (<4% of CF patients) – now available for all ages.

Cost: \$294,000 per person per year

# IN 2012



Preclinical

Phase 1

Phase 2

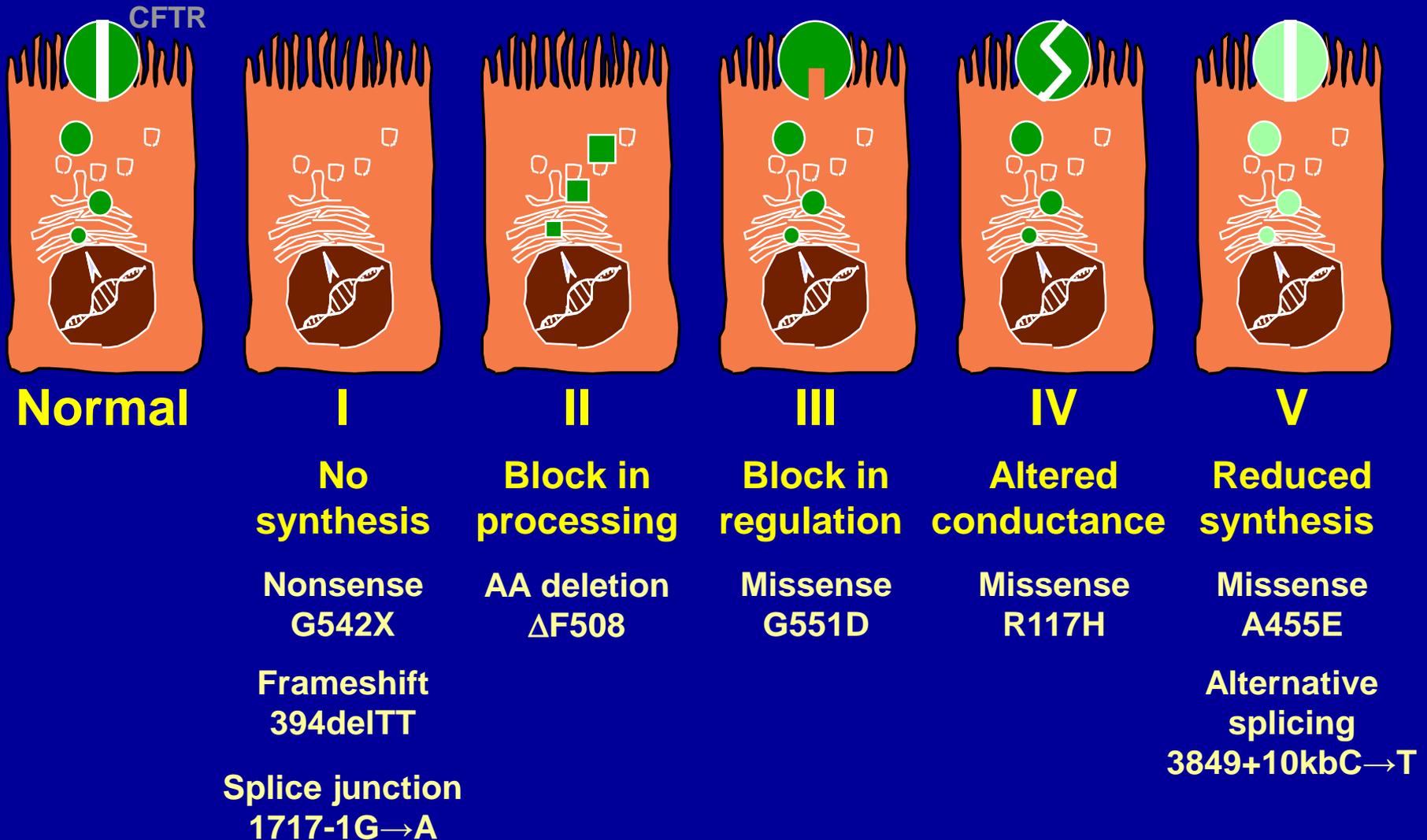
Phase 3

Available

# Cystic Fibrosis Foundation Therapeutics Pipeline 2018

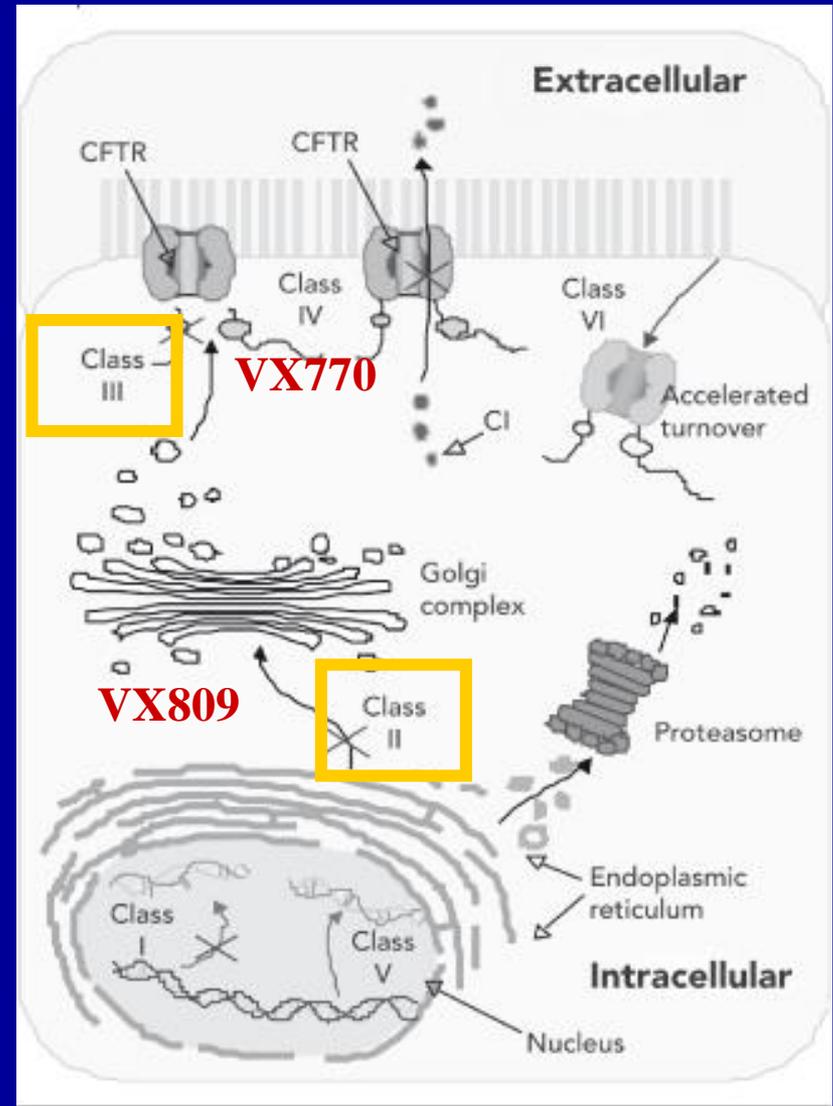


# Molecular Consequences of CFTR Mutations



# VX809 for DF508

- Considered to restore function to faulty CFTR channel ( $\Delta F508$ )
- In cell layer experiments using Ussing chamber – functional increase of 15% for chloride transport
- Phase II trial has completed enrolment in  $\Delta F508/\Delta F508$  pts (N=80)
- Disappointing results



# What if we combine the two agents?

- Added kalydeco (VX770) and lumacaftor (VX809)
- Clinical trial:
  - Small improvement in FEV1 (around 3 – 5%)
  - No change in sweat test results
  - Some reduction in chest exacerbations
- Licensed as a drug but not yet approved by NICE in the UK
- Called Orkambi
- Very expensive

Vertex Number	Chemical name	Combination	Trade Name
Vx 770	Ivacaftor		Kalydeco
Vx 809	Lumacaftor	<u>plus</u> Ivacaftor	Orkambi
Vx 661	Tezacaftor	plus Ivacaftor	Symdeko
Vx 659		plus Teza and Iva	
Vx 445		plus Teza and Iva	
Vx 152		plus Teza and Iva	
Vx 440		plus Teza and Iva	

**Still in  
clinical  
trials**

ORIGINAL ARTICLE

# VX-445–Tezacaftor–Ivacaftor in Patients with Cystic Fibrosis and One or Two Phe508del Alleles

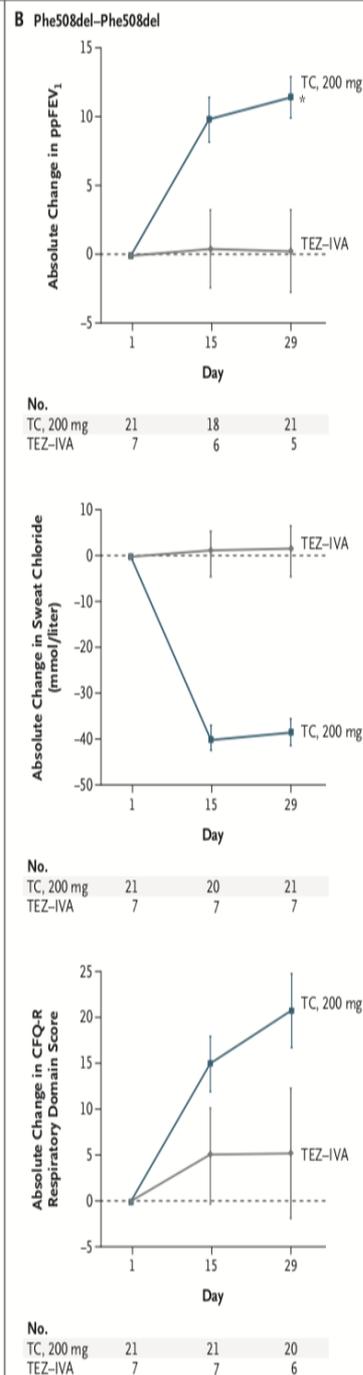
Dominic Keating, M.D., Gautham Marigowda, M.D., Lucy Burr, Ph.D.,  
Cori Daines, M.D., Marcus A. Mall, M.D., Edward F. McKone, M.D.,  
Bonnie W. Ramsey, M.D., Steven M. Rowe, M.D., M.S.P.H., Laura A. Sass, M.D.,  
Elizabeth Tullis, M.D., Charlotte M. McKee, M.D., Samuel M. Moskowitz, M.D.,  
Sarah Robertson, Pharm.D., Jessica Savage, M.D., Christopher Simard, M.D.,  
Fredrick Van Goor, Ph.D., David Waltz, M.D., Fengjuan Xuan, Ph.D.,  
Tim Young, Ph.D., and Jennifer L. Taylor-Cousar, M.D., M.S.C.S.,  
for the VX16-445-001 Study Group\*

# VX445-Tezacaftor-Ivacaftor

## Hypothesis

Combine correctors such as VX 659 (or 445) with corrector tezacaftor will increase CFTR and improve function with ivacaftor

**Figure 3 (facing page).** Absolute Change from Baseline in the Percentage of Predicted FEV<sub>1</sub>, Sweat Chloride Concentration, and CFQ-R Respiratory Domain Score.

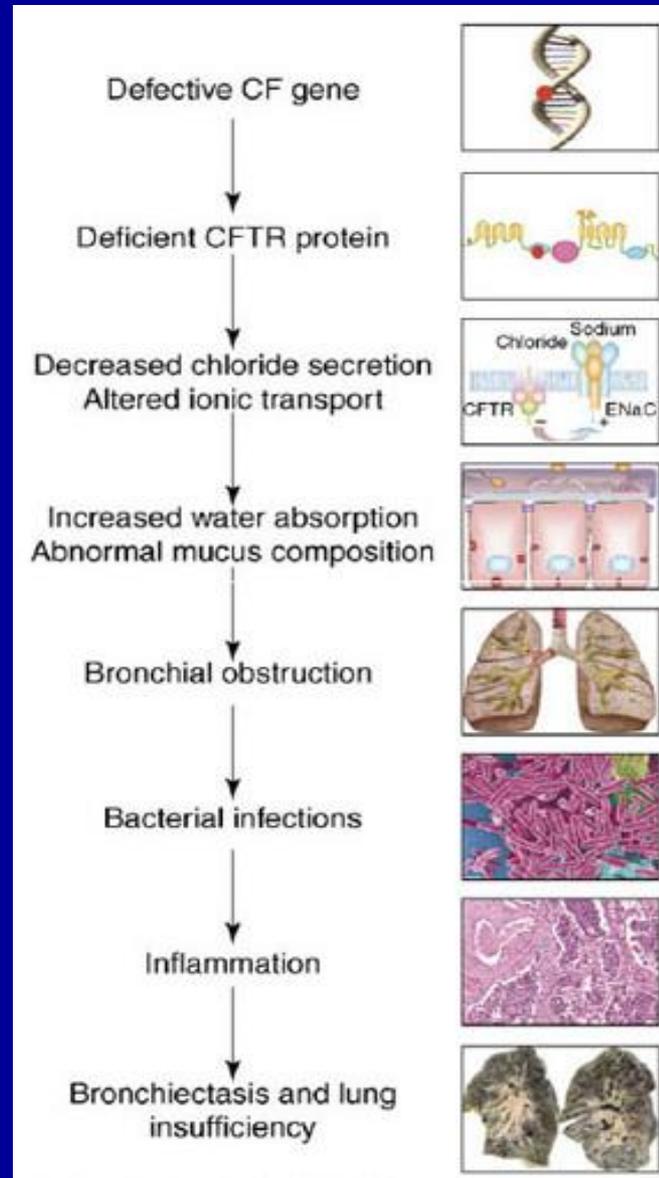


# Cystic Fibrosis

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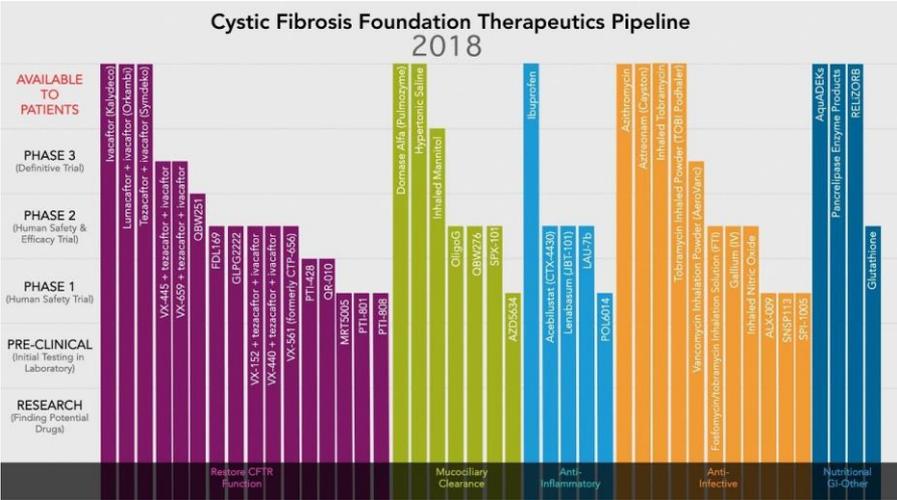
## lung disease:

Disease Timeline



- Replace Gene
- Improve CFTR efficiency
- Correction of Electrolytes
- Mucolytics
- Airway Clearance
- Antimicrobials
- Anti-inflammatories
- Lung Transplantation

# Cystic Fibrosis Recent Advances



*Thank you for your attention*