



KK Women's and
Children's Hospital
SingHealth



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11th KKH Scientific Meeting 2024

**Excellence in Women's and Children's Health -
Celebrating a century of leadership in maternity care**

**4 and 5 October 2024 (Friday and Saturday)
KKH Training Centre, Women's Tower, Level 1**



Programme & Abstracts

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Excellence in Women's and Children's Health – Celebrating a Century of Leadership in Maternity Care

*4 and 5 October 2024 (Friday and Saturday)
KKH Training Centre, Women's Tower, Level 1*

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FOREWORD

Dear Friends and Colleagues,

It is with immense pride and deep reflection that we mark the centennial celebration of KK Women's and Children's Hospital (KKH) as a maternity hospital. This centennial is not only a celebration of our rich history but also a moment to honour the visionary spirit that has guided us through the decades. It is an opportunity to recognize the contributions of our staff, the support of our partners, and the trust of the community that has been with us every step of the way.

We have a long history to tell. Started as a general hospital in 1858, KKH became a dedicated maternity hospital in 1924. Over the next 100 years, KKH stands as a beacon of unwavering commitment to the health and well-being of women. In 1966, KKH made it to the Guinness Book of Records with the largest number of births in a single maternity hospital that year, an accolade that marked our leading role in maternal care. Over the years, KKH continues to be the largest maternity hospital in Singapore, bringing more than 10,000 new lives into this world every year, including the first IVF baby in Asia. This year, we celebrated the birth of the 1.6 millionth baby born at KKH. Another significant milestone was the incorporation of paediatric departments from Singapore General Hospital, Tan Tock Seng Hospital and Alexandra Hospital to transform KKH into a hospital for women and children in 1997. Today, KKH is a leading center of excellence in women, neonatal and pediatric care.

While the focus in the early years was on improving maternal and neonatal mortality rates, KKH has evolved into an academic medical centre of today, one that transforms care through research, innovation and education. With the impetus to optimize early human potential, we have established the SingHealth Duke-NUS Maternal and Child Health Research Institute (MCHRI) to translate research into implementation using a life-course approach. We made our first big stride with the launch of MCHRI's flagship programme, the Health Early Life Moment, Singapore (HELMS). We have also launched various signature programmes such as the Integrated Platform for Research in Advancing Metabolic Health Outcomes of Women and Children (IPRAMHO) and the Parenthood Genetic Disease Carrier Test (Predict) to screen couples who are at risk of having children with rare diseases,

This year's KKH Scientific Meeting, the KKH Maternity Centennial Scientific Meeting, promises an engaging programme with insights from international and local experts. We are honoured to have Mr Ong Ye Kung, Minister of Health, grace us with his presence as Guest of Honour. I would also like to thank Professor Tan Kok Hian and A/Professor Chua Mei Chien, chair and co-chair of the organizing committee as well as Prof Teoh Tiong Ghee and A/Professor Tan Lay Kok, chair and co-chair of the scientific committee.

As we celebrate this landmark event, we also look to the future with renewed vigor and optimism. The next century promises to bring new challenges and opportunities, and we remain committed to evolving with the times while staying true to the core values of compassion, integrity and collaboration.

Warm regards,



Associate Professor Chan Yoke Hwee
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KK Women's and Children's Hospital

MESSAGE FROM THE ORGANIZING CHAIRPERSONS

Dear Friends and Colleagues,

On behalf of the Organising Committee, we extend to you a very warm welcome to the 11th KKH Scientific Meeting 2024!

This year's scientific meeting is especially significant as we celebrate our hospital's amazing achievement as a trailblazer in maternal health for the last 100 years. This is encapsulated in the theme 'Excellence in Women's and Children's Health – Celebrating a Century of Leadership in Maternity Care'.

KKH is a cornerstone of maternity and paediatric care in Singapore and plays a pivotal role in our nation's health journey. As Singapore grows and evolves, so has the hospital which has its humble as a free maternity hospital with only 30 beds and 12 children's cots when it opened its doors on 1 October 1924. Today, as an academic medical centre with the largest birth cohort and paediatric care facility in our island state, it consistently sets the standard for excellence in clinical care, education and research.

The scientific programme epitomises the many disciplines at KKH which contribute to our standing as an internationally renowned Women's and Children's Hospital. The two-day conference will encompass four plenary sessions, three clinical tracks with six symposia sessions each, and two lunch symposia. We honour four of our KKH pioneers by naming our centenary plenary lectures after them — Profs SS Ratnam, Lean Tye-Hin, Yvonne Salmon and Tow Siang Hwa. The plenary lectures and scientific sessions are helmed by eminent international and local faculty renowned in their field of expertise. We are honoured to have these distinguished speakers, who have taken time off their busy clinical schedules, to share their deep subject knowledge with us. We hope you will enjoy the programme we have put together.

We have received a total of 138 abstracts for this conference. The scientific committee is heartened by the active participation by our allied health, pharmacy and nursing colleagues who submitted a total of 71 abstracts.

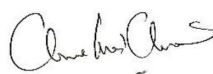
Our heartfelt thanks to Mr Ong Ye Kung, Minister for Health, Singapore for taking time to grace our event. In addition, we want to express our sincere appreciation for Prof Sir Sabaratnam Arulkumaran, Prof Sailesh Kumar, Prof John Kingdom, and Prof Catherine Williamson, who have travelled from overseas to celebrate with us. We thank our speakers for contributing to two exciting days of learning. We also wish to thank our sponsors for their generosity and support.

Finally, our deepest appreciation to the members of the Organising Committee for their hard work, which has made the 11th KKH Scientific Meeting possible.

Warm Regards,



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