

WHY WAIT FOR SEX?



Prevent Pregnancies

Are you ready to handle the huge responsibility that comes with being a parent?

Wait, how old are you?

There are legal consequences if you or your partner are less than 16 years of age.

Prevent Emotional Distress

Young people often feel upset when a sexual relationship ends, or when a partner tells others about the sexual encounter.



Prevent Infections

Serious infections can be spread during sex. Abstinence (no sex) is the 100% sure way of protecting against infections and pregnancy.



Still thinking about it?

Decisions about sex impact a young person's health and well-being. It is important to talk to a trusted adult if you are troubled about such decisions.

The trusted adult may be your parent or a healthcare provider. The KKH team can help.