

APPENDICITIS

Patient Resource Sheet

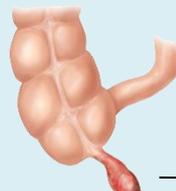


What is it?

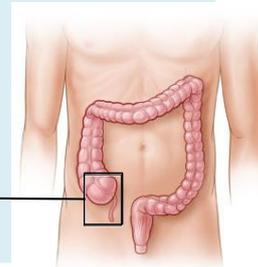
Appendicitis is an infection of the appendix (a part attached to the intestine). The appendix becomes red and swollen, and sometimes it may even burst. This is considered an emergency as it can make you really sick.



Normal Appendix



Inflamed appendix



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What can the doctor do to help me?



Watch this!

[How to tell if your child has appendicitis](#)

The doctor can remove the appendix during a surgery called appendectomy. To find out more about a surgery, please refer to the following resource sheet – [Preparing for Surgery](#).

How long is the operation? 30 min – 1hour

How long is the hospital stay? Usually 2 – 3 days (7-10 days with a burst appendix)

What should I do to get better?

1. **Start moving:** To work together with the physiotherapist to start sitting up and walking around 1-2 days after the operation.
2. **Take your medicine:** Make sure to take the medicines given by the nurses as it can help to control your pain and prevent further infection.



If you want to learn more, ask your doctor/nurse to give the Child Life Therapist a call when you are staying in the hospital!

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<https://www.varanasihospital.com/2016/10/14/laparoscopic-appendix-surgeries-making-world-better-place/appendicitis/>