



## Patient Resource Sheet

# MRI

Magnetic Resonance Imaging



### What is it?

An MRI scan is a safe and painless test to take clearer pictures of the insides of your body. You will be lying down on a bed and the bed will slowly move into a huge camera. Depending on the part that is being scanned, the test may last between 20 – 90 min.

### What happens during the procedure?

1

You will first change into a hospital gown. Do remove any metal things you may have on you as it may be attracted to the magnet in the camera.

2

You will lie down on a special bed and have a belt to help you hold still. There will be a blanket as well so that you will not feel too cold.



3

You can ask for earplugs or headphones as the MRI machine does makes funny noises (like a washing machine) that can be very loud.

4

The bed will move in to the big camera that looks like a donut! Once ready, the technician will start taking the pictures.



Watch this!

[Going for MRI](#)

### What should I do during the MRI scan?

1. **Visit the toilet:** Remember to do so before the scan as you will not be able to leave the room until the scan is done!
2. **Stay really still!** : If you move, the pictures may be blurred and you may have to stay longer to take clearer pictures.
3. **Get some sleep:** The scan will seem a little shorter for you when you sleep.

If you want to learn more, ask your doctor/nurse to give the Child Life Therapist a call when you are staying in the hospital!

#### Resources:

<http://kidshealth.org/parent/system/medical/mri.html#>