

## Patient Resource Sheet

# Preparing for Surgery



### What is it?

When someone has a surgery, a special doctor called a surgeon helps to fix the part of the body that is hurting. There are some things you will need to know before the surgery. Read on to find out more!

### What happens before the surgery?

1



No food or drinks a few hours before the surgery so that your tummy can rest well during the surgery.

2



A small straw called the IV Plug will be put in your hand so that your body can drink medicine during the surgery.

3



You will need to change into a hospital gown to ensure you are free of germs and bacteria.

4



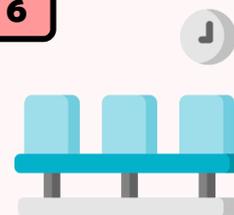
The nurse will bring you to the surgery room where you will lie on a bed. One person can follow you in (e.g. Mummy or Daddy).

5



The doctor will give you some sleepy gas using a mask that will help you fall asleep before the surgery.

6



Once you have fallen asleep, you will not feel anything. Mummy or Daddy will wait for you at the waiting area.

7



After the operation, you will rest in the recovery room for a while. The nurse will then bring you up back to your ward to rest.

8



You will be given a bravery certificate for completing the surgery.

If you want to learn more, ask your doctor/nurse to give the Child Life Therapist a call when you are staying in the hospital!