



Pre-Operation Activity Sheets

Hello!

We hear you are preparing for an operation at KK Women's and Children's Hospital (KKH).

To help you prepare for this operation, you may wish to watch our animation video:



<https://bit.ly/2RLsyPa>

Do watch this video daily, at least 3 days prior to your operation.

Based on your age group, you can then complete 1 activity sheet/ day to help you remember some useful tips shared in the video.

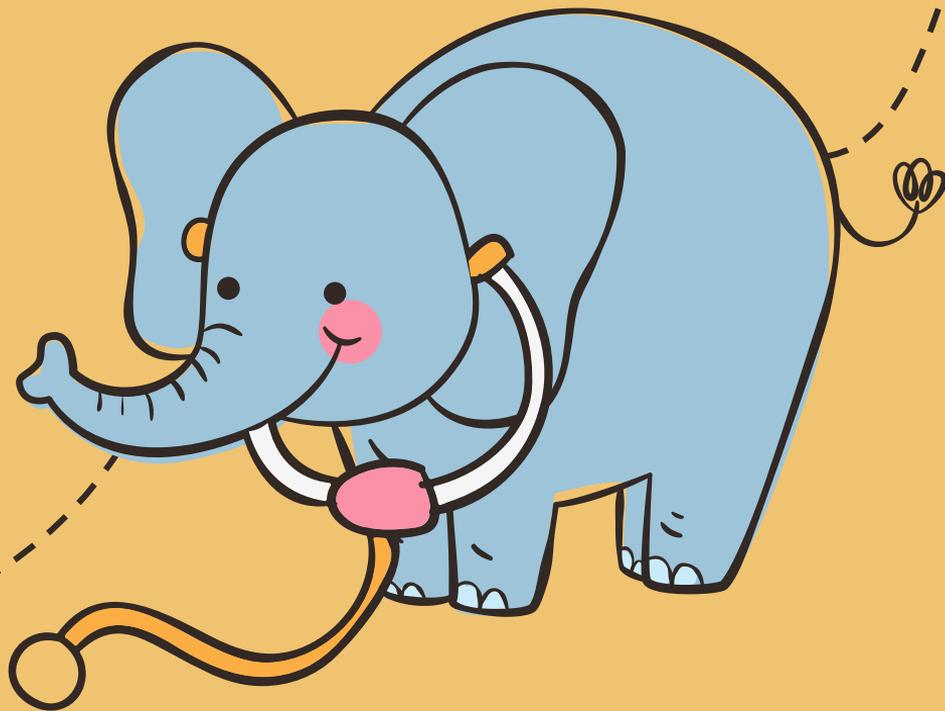
We wish you a pleasant experience!



**Warm Regards,
Child Life Therapy Team @ KKH**

Activity Sheets

4-6 years



Things I will see at the Hospital

Colour the items that can be found in the hospital



Dinosaur



Doctor



Mask



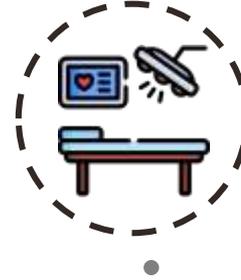
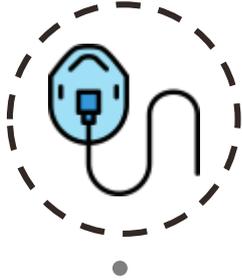
Nurse



Stethoscope

In the Operating Theatre

Match the items in the operating theatre to their names



Hospital Gown

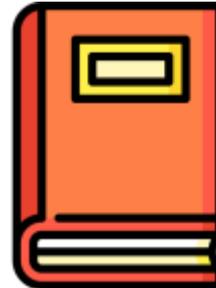
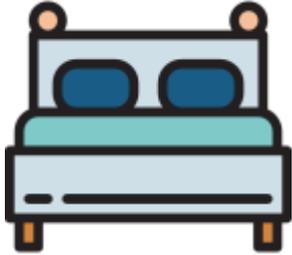
Stethoscope

Operating Bed

Sleepy Mask

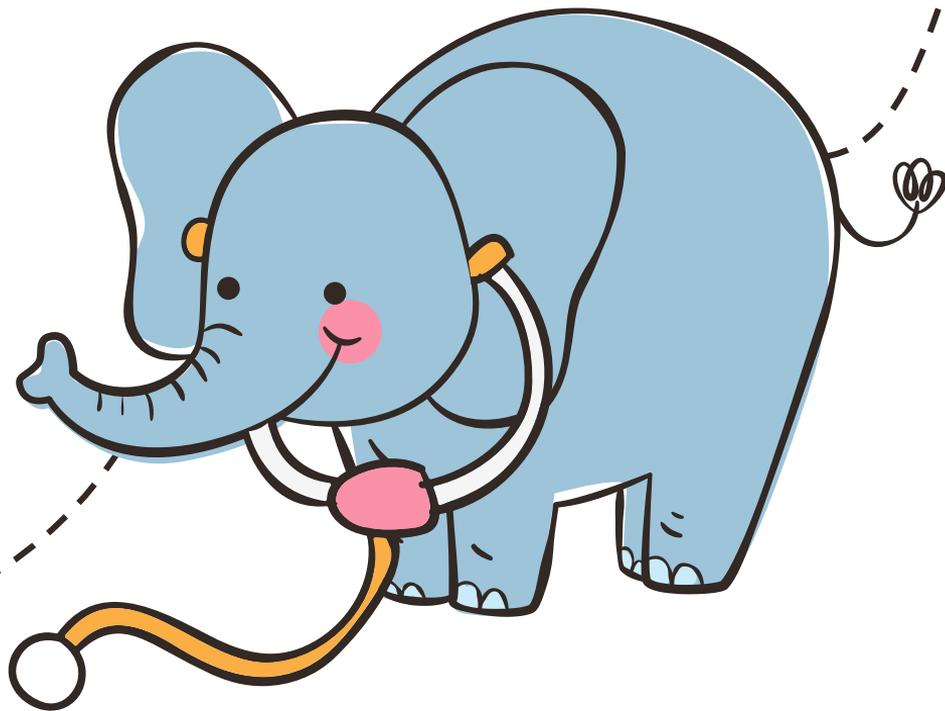
In the Wards

Circle the things I can bring to the ward



Answer Key

4-6 years



Things I will see at the Hospital

Colour the items that can be found in the hospital



Dinosaur



Doctor



Mask



Nurse

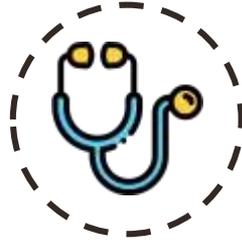


Stethoscope



In the Operating Theatre

Match the items in the operating theatre to their names

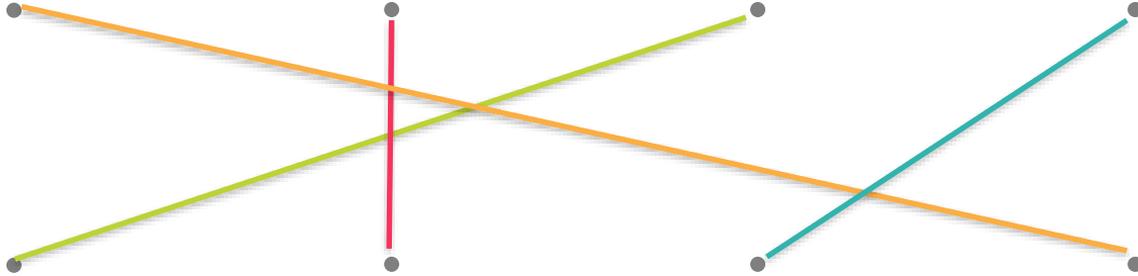


Hospital Gown

Stethoscope

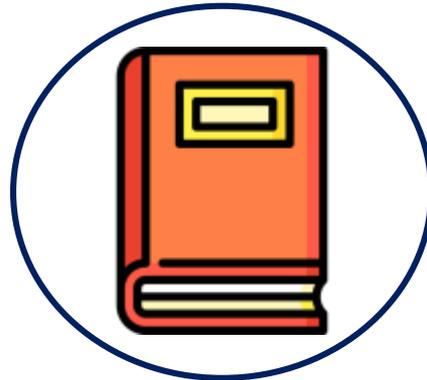
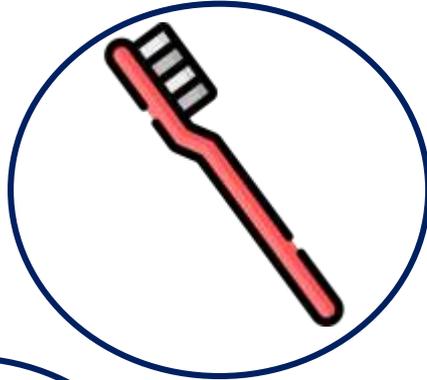
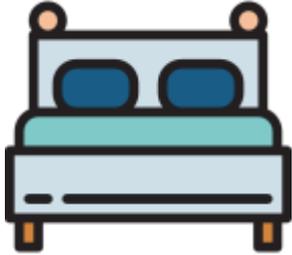
Operating Bed

Sleepy Mask



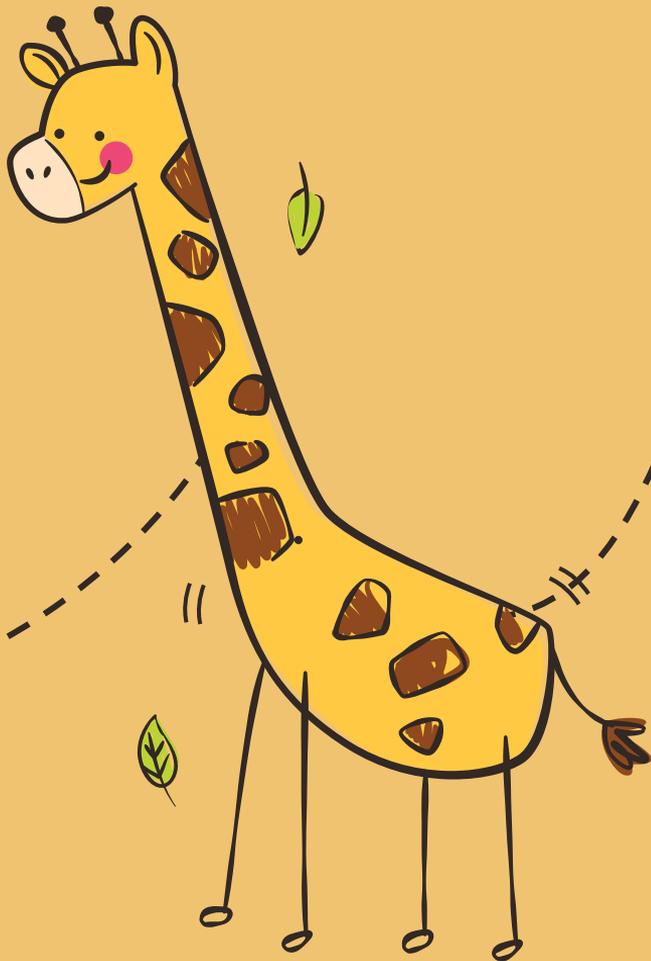
In the Wards

Circle the things I can bring to the ward



Activity Sheets

7-8 years



People whom I will meet at the Hospital

Fill in the blanks

1. This person will perform my operation. He/ She is known as:

S

U

G

N

2. I will meet this person in the wards. She is friendly and will help me:

U

R

3. In the wards, they will check my _____ to see how tall I am:

I

G

4. The ward will give me a wrist tag that will show my _____:

N

E



Getting Ready for an Operation

Rearrange the steps by writing the steps number in the box provided



The Nurse and Doctor will come to call me once it is my turn.



I can wait in the play room before my operation.



Mummy or Daddy can follow me to change too.



When the operation is over, I will be asleep in the recovery room.



When I am awake, the Nurse will check on me and then call Mummy or Daddy in.



First, I will need to change into the hospital gown.

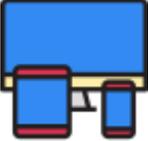
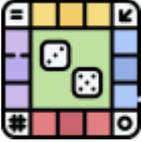


Mummy or Daddy can be with me in the operating theatre till I fall asleep.

In the Wards

Make a list of things you can do in the wards.

Hint: The picture will give you a clue.

Hint	Things I can do
	
	
	
	

Answer Key

7-8 years



People whom I will meet at the Hospital

Fill in the blanks

1. This person will perform my operation. He/she is known as:

S U R G E O N

2. I will meet this person in the wards. She is friendly and will help me:

N U R S E

3. In the wards, they will check my _____ to see how tall I am:

H E I G H T

4. The ward will give me a wrist tag that will show my _____:

N A M E



Getting Ready for an Operation

Rearrange the steps by writing the steps number in the box provided

4



The Nurse and Doctor will come to call me once it is my turn.

3



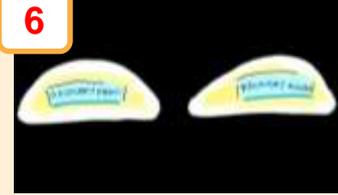
I can wait in the play room before my operation.

2



Mummy or Daddy can follow me to change too.

6



When the operation is over, I will be asleep in the recovery room.

7



When I am awake, the Nurse will check on me and then call Mummy or Daddy in.

1



First, I will need to change into the hospital gown.

5

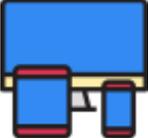
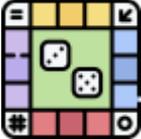


Mummy or Daddy can be with me in the operating theatre till I fall asleep.

In the Wards

Make a list of things you can do in the wards.

Hint: The picture will give you a clue.

Hint	Things I can do
	Listen to music
	Read a book
	Play games/ watch videos
	Play board/ card games

Activity Sheets

9-12 years



True or False?

Read the following questions and circle the correct answer.

1. An operation will make my body feel and function better. TRUE FALSE

2. The sleepy medicine will help me to stay comfortable during the operation. I will wake up after my operation. TRUE FALSE

3. Mummy or Daddy cannot follow me into the operating theatre. TRUE FALSE

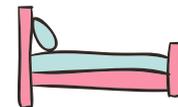
4. The Doctor will give me some medicine after my operation to feel better. TRUE FALSE



Coming to the Hospital

Based on the video, list out some things you can bring from home to the hospital.

No.	List



Operation Word Search



OPERATION

WARD

SCRUBS

SURGEON

BRAVE

GOWN

NURSE

FRIENDLY

NIL BY MOUTH

SLEEPY

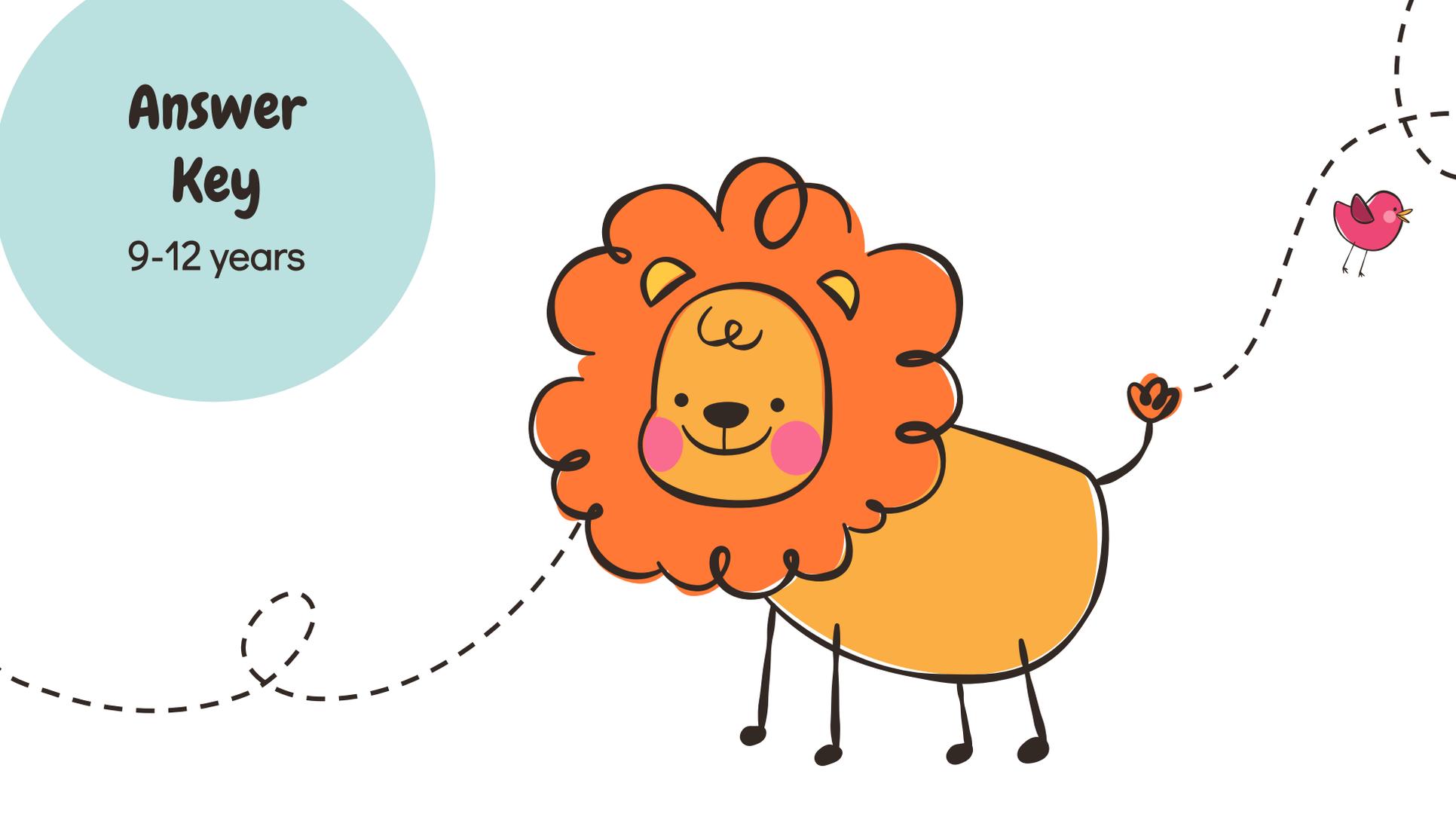
HOSPITAL

BODY

SORE

Answer Key

9-12 years



True or False?

Read the following questions and circle the correct answer.

1. An operation will make my body feel and function better.

TRUE

FALSE

2. The sleepy medicine will help me to stay comfortable during the operation. I will wake up after my operation.

TRUE

FALSE

3. Mummy or Daddy cannot follow me into the operating theatre.

TRUE

FALSE

4. The Doctor will give me some medicine after my operation to feel better.

TRUE

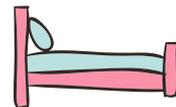
FALSE



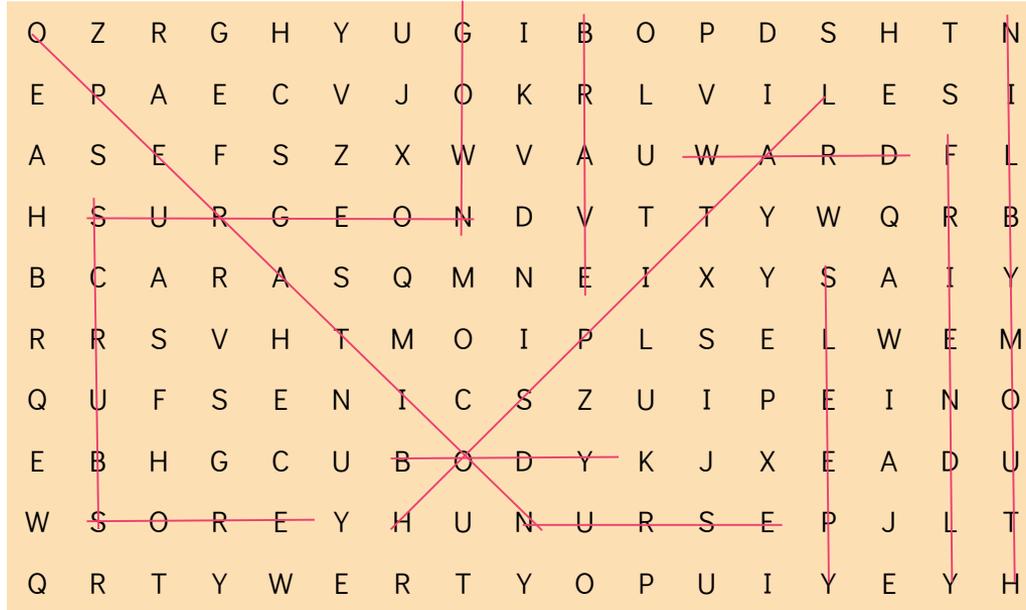
Coming to the Hospital

Based on the video, list out some things you can bring from home to the hospital.

No.	List
1.	Toothbrush/ Soap/ Shampoo
2.	Slippers
3.	Story book/ Color pencils/ Paper
4.	Electronic Games
5.	Music Player



Operation Word Search



OPERATION

WARD

SCRUBS

SURGEON

BRAVE

GOWN

NURSE

FRIENDLY

NIL BY MOUTH

SLEEPY

HOSPITAL

BODY

SORE



Thanks!

Do you have any questions?
youremail@freepik.com
+91 620 421 838
yourcompany.com



CREDITS: This presentation template was created by [Slidesgo](#), including icons by [Flaticon](#), and infographics & images by [Freepik](#).