



PAIN IN THE NECK?

LET'S TALK BACK!



MY NECK AND BACK HURTS: IS SURGERY NEEDED?

Dr. Daniel Chan, Senior Consultant,
Department of Orthopaedic Surgery



MY NECK AND BACK HURTS: IS IT SERIOUS?

Dr. Bernice Liu, Senior Physiotherapist



MY NECK AND BACK HURTS: WHAT CAN I DO ABOUT IT?

Chloe Yeo, Physiotherapist



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LEARN EXERCISES FOR
YOUR NECK AND BACK
FROM OUR
PHYSIOTHERAPISTS!

SENGKANG GENERAL HOSPITAL

AUDITORIUM, LEVEL 2

7 SEPTEMBER 2019

9:30AM - 12:30PM



Sengkang
General Hospital
SingHealth