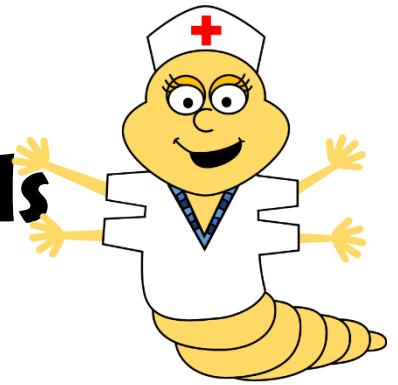


Burns and Scalds

Patient Resource Sheet



What is it?

A **burn** is an injury to the skin caused by something hot and dry – like an iron or a fire.

A **scald** is an injury to the skin caused by something hot and wet – like hot water.



What can the doctor do to help me?

The doctor will remove any dead skin (if any) caused by the burn or scald and put a special cloth called a dressing over the wound. The dressing will keep the wound clean and dry to prevent any infections. The dressing will be changed every few days to ensure that the wound remains clean and dry.

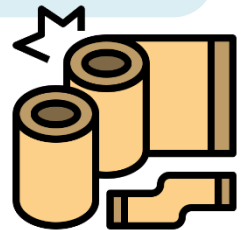


Watch this!

[Wound care for burns](#)

What should I do to get better?

1. **Keep your dressing clean and dry:** This will prevent infections
2. **Keep yourself cool:** The wound may start to itch under the dressings. Keeping yourself cool will lessen the itch.



If you
want to learn more,
ask your doctor/nurse to
give the Child Life Therapist
a call when you are staying
in the hospital!

References:

http://www.rch.org.au/kidsinfo/fact_sheets/Burns_general_treatment/