

My Visit to the Day Surgery at KKH

Today I'm going to KK women's and Children's Hospital (KKH) to get my teeth fixed. I will get a special treat after getting my teeth fixed today. I can also call the hospital "KKH".

This is what the hospital looks like.



I can bring along my favourite toy or book (and my hospital passport).



**My mummy or daddy may pack my favourite food
that I can eat after my teeth are fixed.
I cannot eat anything that is hard to bite or chew
today.**



I can get to the hospital by train. Here are the stops I can get off.



I can also get to the hospital by bus or by car.



Here I am with Mummy and the KKH shuttle bus.

I will go to Level B1 and look for the Day Surgery Centre.



There is a koi pond outside the Day Surgery Centre. I can visit when I am ready to go home.



There are many koi fish in the pond.



This is the door to the Day Surgery Centre.



We register at the counter first. We may have to wait a little.



I will get a medical bracelet. Sometimes if I have drug allergies, I'll get an extra bracelet too.



We then go through another door...



The nurse will check my name and birth certificate number on my bracelet.



...and we will see nurses and doctors at the counter.



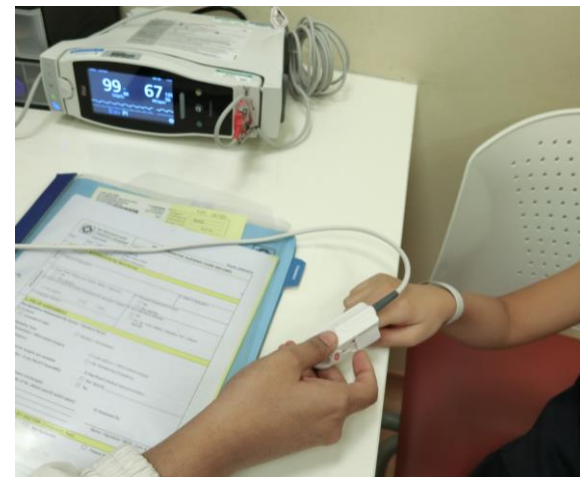
I will get my height and weight taken.



The nurse will check my temperature.



**I will get a special clip on my finger that will tell the doctor how much oxygen is in my blood.
It will not hurt at all!**



Some Magic cream will be put on my hand or my foot. A sticker goes over the cream so that it will not be messy. It feels cold for a little while.



This cream will help to make me feel comfortable.

I will be seen by a special doctor called the anaesthetist.



The anaesthetist will listen to my heart and lungs and ask me to open my mouth. This is ok!

I change into a special gown.



I can go to the playroom to play, read a book or watch television while waiting for my teeth to get fixed.



The anaesthetist may give me some medicine in a syringe or a small cup to make me feel better before getting my teeth fixed.



I will need to lie on a bed if I take the medicine.

When it is my turn to go into the operating theatre, either mummy or daddy or my favourite person can go with me into the operating theatre.



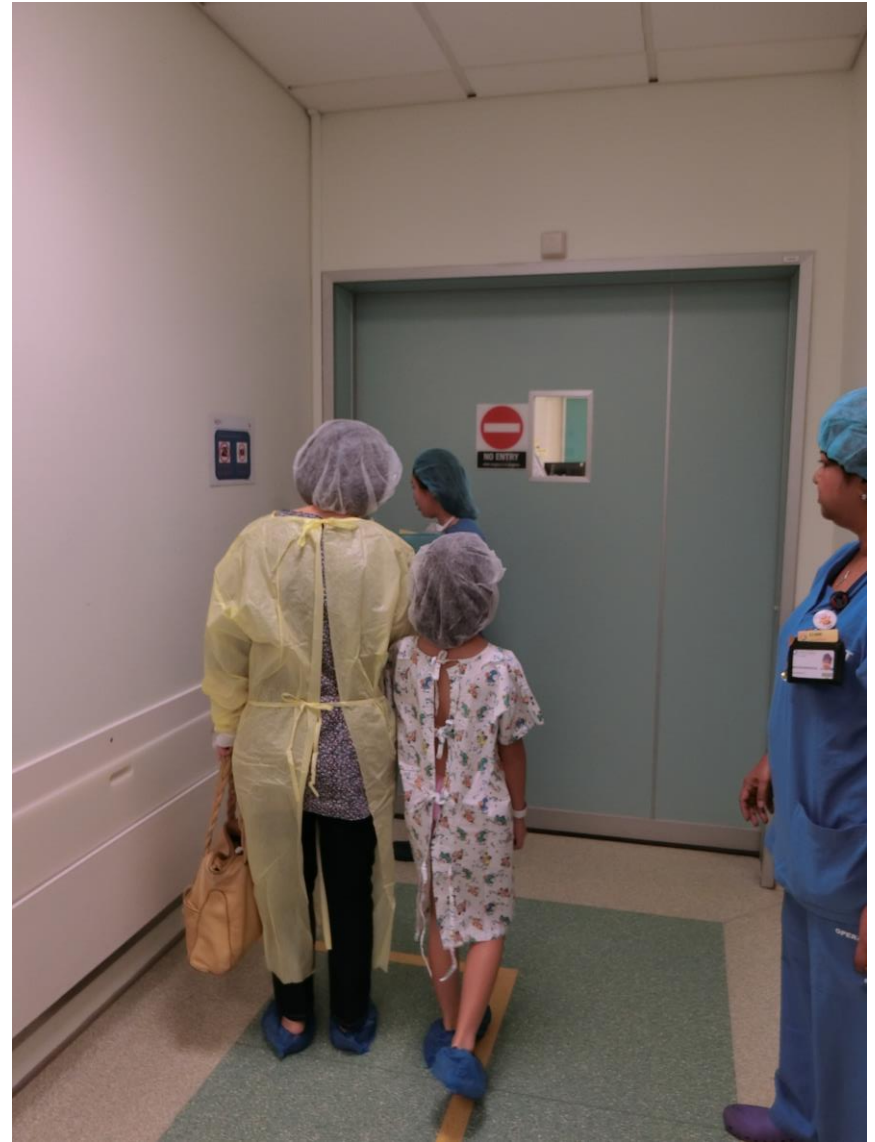
This person will need to wear a special gown with a shower cap and covers for their shoes. This is to keep the room clean and safe for me.



To go into the operating theatre, we go through another door with the nurse.



We will go to Room 5.



**The nurse will help to take off my shoes before I lie down so that I am comfortable.
When I look up I can see some lights. This is ok!**



The nurse will place a special clip on my finger to check my oxygen level.



She will also check my blood pressure with a special cover placed around my arm. It squeezes my arm a little but this is ok!



This is what the blood pressure monitor looks like.



The doctor will place a mask on my face like we practiced at home. I can put my favourite scent on the mask so that it smells nice.



Then we will blow the green balloon 25 times using the mask like we practiced at home.

I use my mouth to blow through the mask.

The smell may change but I will continue to blow through the mask.

I will feel sleepy as I blow.

My favourite person will stay with me until I fall asleep.



After the doctor has fixed my teeth, I will start to wake up.

I will be moved from the operating theatre to the recovery room.

My favourite person will be with me.

There may be other children in the room.

When I wake up, my mouth may feel funny. I should not bite my lips or cheeks even though it feels funny. The funny feeling will go away after a few hours.

My mouth may taste funny. It will be better after I have a drink.

My head may feel funny but I will feel better after I have a nap.



There may be a plastic straw in my hand. The doctors will give me medicine through the straw. The straw can only be removed by the nurse.



I can have a drink and my favourite food.



To help my teeth get better, I cannot eat hard food like potato chips today.

If I have been a good boy or girl today, I will get my special treat.

I can go home after the doctor has seen me.

The nurse will remove the straw and place a plaster on my hand.

I can change back into my own clothes.

Everyone will be so proud of me for being so brave and coping so well.



Bye bye KKH! Bye bye fish!

