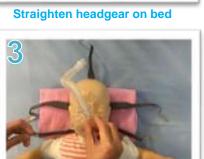


Mastering Comfort: A Quick Guide to Properly Wearing The CPAP Nasal Mask (Type 1)





Turn on ventilator and place mask over child's face



Strap the headgear on the velcro



Position child's head on the headgear



Thread the headgear through the mask



Adjust headgear's strap by ensuring one finger spacing between mask and face



- ✓ Ensure the straps do not crisscross nor cover the ears
- ✓ One portion of the strap to be above (A) the ears and the other portion to be below (B) the ears



- ✓ Ensure the straps are not too loose nor too tight; allow one finger width below the headgear
- Ensure sides of the mask do not cover the eyes nor pinch the nose
- ✓ Position the bottom part of the mask to sit below the nose and above the upper lip