



All about tics: for teachers

How should I manage **tics** in the **classroom?**



Ignore and avoid commenting about tics

- Seek permission from the child and parents to provide information about tics in general to help the class better understand the condition.
- Children should not be punished because of tics.



If the child is having an increase in tics

- If the child is having an increase in tics, offer a short break outside the classroom to 'release' his/her tics.

For children with touching tics or large movement motor tics

- Giving the child a larger personal space can reduce disruption to other classmates.



For children who need frequent short breaks

- Sitting near the exit may be less disruptive for the class.



For children with attention difficulties

- Seating the child closer to the teacher can be helpful.
- Break activities into smaller tasks.
- Provide additional time if required.



What are considerations for **seating children** with **tics** in the **classroom?**

How should I manage **homework and discipline** for children with **tics**?



Homework and discipline should be managed similar to other children

- Writing down home work in a communication book or diary can help children keep track of homework.



Managing challenging behaviours

- Positive behaviours should be highlighted to the child to encourage more good behaviour.
- Using a reward chart can be helpful for some children.
- Having a discussion with the child, parent and allied educators to identify a consistent consequence can be helpful.



If tics are impacting on the child's handwriting

- Discuss this with the child's parents.
- Encourage parents to discuss this with their child's healthcare provider.



Having an alternative means of handing up the homework

- Typing out the homework may be helpful while the child is working on improving his/her handwriting.

How should I manage **handwriting** for children with **tics**?

Information jointly provided by

- Paediatric Adolescent Wellness Service
- Neurology Service
- Psychology Service
- Department of Child Development
- Child and Adolescent Mental Wellness Service



Tic info